



## Ford County Public Health Department

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### Ford County, IL Daily COVID-19 Update

Ford County Public Health Department (FCPHD) is announcing no new confirmed cases today. Ford County has a total of 18 confirmed cases, including one death. Three of the confirmed cases are associated with congregate living facilities. These numbers are accurate as of the release time. Public health officials continue to investigate and contact all individuals who may have had exposure to individuals that tested positive for COVID-19. Federal privacy restrictions prohibit the release of any further information.

- For zip code level information on confirmed positive COVID-19 cases, please visit the IDPH Virtual map at: <https://www.dph.illinois.gov/covid19/covid19-statistics>. Please note, data will not be shown unless a zip code has six or more confirmed cases. This is consistent with Collection, Disclosure, and Confidentiality of Health Statistics (77 Ill. Adm. Code 1005). Zip code area 60957 is now being reported.
- For information on long term care facilities with cases of COVID-19 among residents and staff, please visit: <https://www.dph.illinois.gov/covid19/long-term-care-facility-outbreaks-covid-19>. Information provided at this link is provisional, subject to change, and updated weekly. Facilities report data to their local health departments, which in-turn report to IDPH, so lag time and discrepancies are to be expected.

### Illinois Department of Public Health Best Practices for Homemade Masks or Face Coverings

- Use materials available at home or buying materials online to avoid exposure in public places.
- Purchase masks made by small businesses, saving medical masks for health care workers. Wash and dry new masks or face coverings before using them for the first time.
- Make masks from materials that will hold up to daily washing and drying.
- Have more than one mask per person so they can be laundered daily. This will also be helpful if your mask becomes wet, damaged, or no longer fits and you need to replace it.
- Wash your hands with alcohol-based hand rub or soap and water before putting on a mask, immediately after removing it, or if you touch the mask while using it.
- The mask should fit snugly around your mouth and nose. A metal wire sewn or built into the mask will help it conform to the bridge of your nose.
- Whether you use cotton fabrics, paper-based shop towels, or other materials, try to strike a balance between the materials you already have at home, how easy it will be to breathe while wearing the mask for extended periods away from home, and whether or not you would prefer to craft a new mask every day (paper) or wash and reuse your mask(s).
- Replace your mask when wet, damaged or it no longer fits your face. Masks should not be worn damp or when wet from spit or mucus.
- Try to avoid touching the outer surface of the mask when removing it. Remove the mask by untying it or unfastening the ear loops. Place it in a bag or bin away from small children or pets until it can be laundered.

Please visit our website ([www.fordcountyphd.org](http://www.fordcountyphd.org)) and follow our Facebook page for additional COVID-19 resources and updates. For general questions about COVID-19, call the Illinois Coronavirus Disease (COVID-19) Hotline at 1(800) 889-3931 or send an email to: [DPH.SICK@ILLINOIS.GOV](mailto:DPH.SICK@ILLINOIS.GOV) anytime, 24 hours a day, seven days a week.