



Ford County Public Health Department

235 North Taft Street

Paxton, IL 60957

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Ford County, IL Daily COVID-19 Update

Ford County Public Health Department (FCPHD) is announcing no new confirmed cases today. Ford County has a total of 12 confirmed cases, including one death. Two of the confirmed cases are associated with congregate living facilities. These numbers are accurate as of the release time. Public health officials continue to investigate and contact all individuals who may have had exposure to individuals that tested positive for COVID-19. Federal privacy restrictions prohibit the release of any further information.

FCPHD continues to encourage all residents to conduct preventive measures, practice social distancing, and follow Governor Pritzker's Stay at Home Executive Order, which has been extended through May 30, 2020. COVID-19 appears to spread from person-to-person mainly with close contact (less than 6 feet), but may also be spread by a surface that has the virus and then touching one's mouth, nose, or possibly one's eyes. Illinois Department of Public Health states that the spread is through respiratory droplets produced when an infected person coughs or sneezes.

Mental Health Resources

During this time of uncertainty, we know many people are feeling anxious and overwhelmed. Please reach out for support as needed.

Local Mental Health Providers

- Community Resource and Counseling Center (CRCC)
1510 W Ottawa Road, Paxton, IL 60957
(217) 379-4302
<http://www.4crcc.com/>
- Gibson Area Hospital and Health Services Behavioral Wellness Center
#4 Doctors Park in Gibson City, IL 60936
(217) 784-4540
<https://www.gibsonhospital.org/services-and-conditions/profile/mental-health>

State Mental Health Resource

- Call4Calm – Free emotional support text line. To speak with a mental health professional, text “TALK” or “HABLAR” (for Spanish) to 552020

National Mental Health Resources

- Disaster Distress Helpline – Can provide immediate counseling to anyone who needs help coping with the mental or emotional effects caused by the Coronavirus pandemic. The hotline is 1-800-985-5990, or text “TalkWithUs” to 66746
- The Centers for Disease Control (CDC) also has the following resources available:
CDC: Stress and Coping <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
CDC: Taking Care of Your Emotional Health: <https://emergency.cdc.gov/coping/selfcare.asp>

We ask that you visit our website (www.fordcountyphd.org) and follow our Facebook page for additional COVID-19 resources and updates. For general questions about COVID-19, call the Illinois Coronavirus Disease (COVID-19) Hotline at 1(800) 889-3931 or send an email to: DPH.SICK@ILLINOIS.GOV anytime, 24 hours a day, seven days a week.