Ford County Public Health Department
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Ford County, IL Daily COVID-19 Update

Ford County Public Health Department (FCPHD) is announcing no new cases of coronavirus disease 2019 (COVID-19) today. Ford County has a total of six confirmed cases, including one death. One of the confirmed cases is associated with a congregate living facility. These numbers are accurate as of the release time. Public health officials continue to investigate and contact all individuals who may have had exposure to individuals that tested positive for COVID-19. Federal privacy restrictions prohibit the release of any further information.

FCPHD continues to encourage all residents to conduct preventive measures, practice social distancing, and follow Governor Pritzker's Stay at Home Executive Order through April 30, 2020. COVID-19 appears to spread from person-to-person mainly with close contact (less than 6 feet), but may also be spread by a surface that has the virus and then touching one's mouth, nose, or possibly one's eyes. Illinois Department of Public Health states that the spread is through respiratory droplets produced when an infected person coughs or sneezes.

What do I do if I think I was exposed to COVID-19?
Follow the steps below if you think you might have COVID-19.

1. **Watch for symptoms** - Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed COVID-19 cases.
   These symptoms may appear 2–14 days after exposure.

   - Fever
   - Cough
   - Chills
   - Muscle pain
   - Sore throat
   - New loss of taste or smell
   - Headache
   - Shortness of breath or difficulty breathing

   If you develop these emergency warning signs for COVID-19, get medical attention immediately.
   - Difficulty breathing or shortness of breath
   - Persistent pain or pressure in the chest
   - New confusion or inability to arouse
   - Bluish lips or face

2. **Call before you go** – Call your health care provider if you think you have been exposed to COVID-19 and develop a fever and other COVID-19 like symptoms. Tell them about your symptoms and your exposure. They will decide whether you need to be tested.

We ask that you continue to visit our website (www.fordcountyphd.org) and follow our Facebook page for additional COVID-19 resources and updates. For general questions about COVID-19, call the Illinois Coronavirus Disease (COVID-19) Hotline at 1(800) 889-3931 or send an email to: DPH.SICK@ILLINOIS.GOV anytime, 24 hours a day, seven days a week.