



Ford County Public Health Department

235 North Taft Street

Paxton, IL 60957

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Ford County, IL Daily COVID-19 Update

Ford County Public Health Department (FCPHD) is announcing no new cases of coronavirus disease 2019 (COVID-19) today. Ford County has a total of four confirmed COVID-19 cases, with one of those cases now deceased. These numbers are accurate as of the release time. Public health officials continue to investigate and contact all individuals who may have had exposure to individuals that tested positive for COVID-19. Federal privacy restrictions prohibit the release of any further information.

FCPHD continues to encourage all residents to conduct preventive measures, practice social distancing, and follow Governor Pritzker's Stay at Home Executive Order through April 30, 2020. COVID-19 appears to spread from person-to-person mainly with close contact (less than 6 feet), but may also be spread by a surface that has the virus and then touching one's mouth, nose, or possibly one's eyes. Illinois Department of Public Health states that the spread is through respiratory droplets produced when an infected person coughs or sneezes.

Mental Health Resources

During this time of uncertainty, we know many people are feeling overwhelmed or experiencing grief. Please reach out for support as needed.

Local Mental Health Providers

- Community Resource and Counseling Center (CRCC)
1510 W Ottawa Road, Paxton, IL 60957
(217) 379-4302
<http://www.4crcc.com/>
- Gibson Area Hospital and Health Services Behavioral Wellness Center
#4 Doctors Park in Gibson City, IL 60936
(217) 784-4540
<https://www.gibsonhospital.org/services-and-conditions/profile/mental-health>

National Mental Health Resources

- Disaster Distress Helpline – Can provide immediate counseling to anyone who needs help coping with the mental or emotional effects caused by the Coronavirus pandemic. The hotline is 1-800-985-5990, or text "TalkWithUs" TO 66746
- The Centers for Disease Control (CDC) also have the following resources available:
CDC: Stress and Coping <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
CDC: Taking Care of Your Emotional Health: <https://emergency.cdc.gov/coping/selfcare.asp>

We advise visiting our website (www.fordcountyphd.org) and our Facebook page to get the most up to date COVID-19 information for Ford County. For general questions about COVID-19, call the Illinois Coronavirus Disease (COVID-19) Hotline at 1(800) 889-3931 or send an email to: DPH.SICK@ILLINOIS.GOV anytime, 24 hours a day, seven days a week.