COVID-19: What to do if you’re sick

Not everyone with COVID-19 symptoms will need to be tested. If you develop symptoms, you should act as if you have COVID-19 and isolate yourself until:

- **72 hrs.** of no fever (without fever-reducing medicine)
- **Symptoms** have improved
- **7 days** have passed since symptoms first appeared

**WHICHEVER IS LONGER**

Contact your doctor if you develop these symptoms. If you are not sick enough to be hospitalized, you can recover at home. If symptoms worsen, contact your doctor immediately.

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