

FORD COUNTY PUBLIC HEALTH DEPARTMENT 2019-2024 IPLAN

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Health Needs Assessment

Executive Summary

The Ford County Public Health Department opened July 1, 2014, following the dissolution of the Ford-Iroquois Public Health Department on June 30, 2014. As a newly formed public health department, there were many challenges to face. The health department has faced: new administration, new staff, unfilled positions, local and State of Illinois fiscal crisis, and lack of community awareness. Despite these challenges, five years later, the Ford County Public Health Department is a growing department within Ford County.

During July 29 through July 31, 2019, the Ford County Public Health Department staff worked together to complete an Organizational Capacity Assessment. This process provided some very beneficial information about our organization and its strengths and weaknesses.

As the local public health authority for Ford County, the Ford County Public Health Department has worked together with community partners to complete the Illinois Project for Local Assessment of Needs. Working together is not new for Ford County Public Health Department as it has been a part of a local Health Care Consortium since 2014 which includes Gibson Area Hospital and Health Services and Community Resource and Counseling Center. With these and additional partners, the Community Health Needs Assessment was completed to develop three health priorities to improve over the next five years.

The current health status of the community was assessed through data gathering and a community survey. That information was then used to define and prioritize needs with the participation of the Community Health Committee. Ford County Public Health Department, along with the input of the Community Health Committee and Board of Health, developed a plan. This was all completed with input from the local health department staff, Ford County residents, community partners, elected officials, and community leaders.



Community Health Partners

This process could not have been possible without the support and contribution of many people and organizations throughout Ford County. A sincere thank you to those for their time and contributions. Additional thanks to those who participated in the surveys, the staff from those agencies and the community for their input of the needs in Ford County.

Support for this process includes:

- Laurelyn Crokek, LCSW Community Counseling and Resource Center
- Eileen Woolums, RN East Central Illinois AHEC
- Amy Windle Gibson Area Hospital and Health Services (GAHHS)
- Kim Etzel, RN Gibson Area Hospital and Health Services (GAHHS)
- Suzie Shell Ford County Probation Department
- Mike Short Ford County Public Health Board President
Patton Township Supervisor
- Lana Sample Ford County Public Health Department
- Karli McCreary Ford County Public Health Department
- Page Eads Ford County Public Health Department



COMMUNITY RESOURCE & COUNSELING CENTER





Community Health Indicators

Demographics and Socioeconomic Characteristics

Economic:

Unemployment in Ford County has declined over the past five years but is slightly higher than the overall Illinois unemployment rate for 2018. Additional factors are comparable to the State of Illinois rates except for injury deaths which are 22% higher in Ford County than the State rate. The median income rate declined from 2016 (\$51,861) to 2018 (\$50,851) which are both lower than the State of Illinois averages in both years (\$60,977; \$61,229 respectively)

Unemployment rates for Ford County

2018	4.8%	Illinois overall is 4.3%
2017	4.9%	
2016	5.5%	
2015	5.4%	
2014	6.0%	

Source: Illinois Department of Employment Security; Illinois Unemployment Rate by County Annual Average 2018

2018 Report on Illinois Poverty; Social Impact Research Center-A Heartland Alliance Program;
www.ILPovertyReport.org

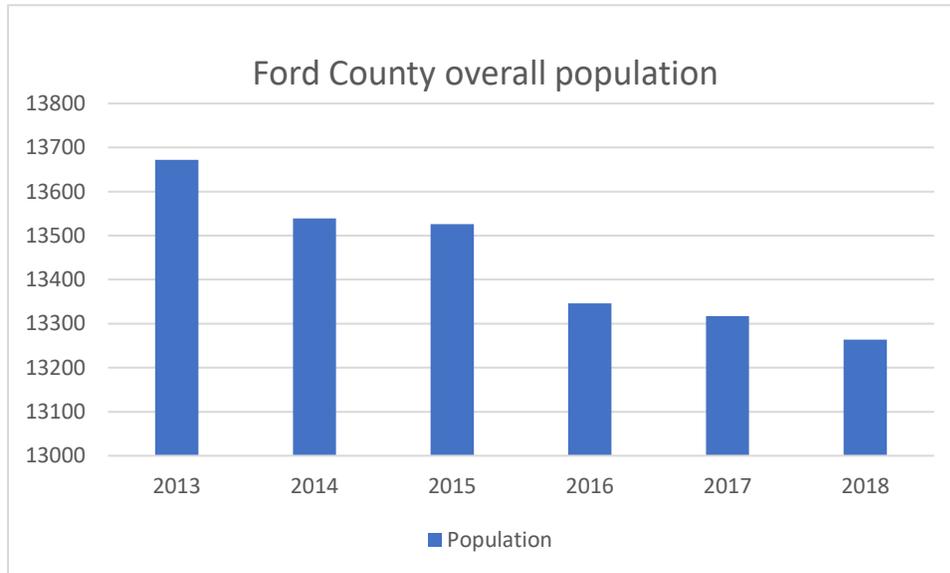
Social & Economic Factors	Ford County	Illinois
Children Eligible for free/reduced lunch	45%	50%
Children in single-parent households	36%	32%
Children in Poverty	17%	17%

Source: County Health Rankings 2018



Population:

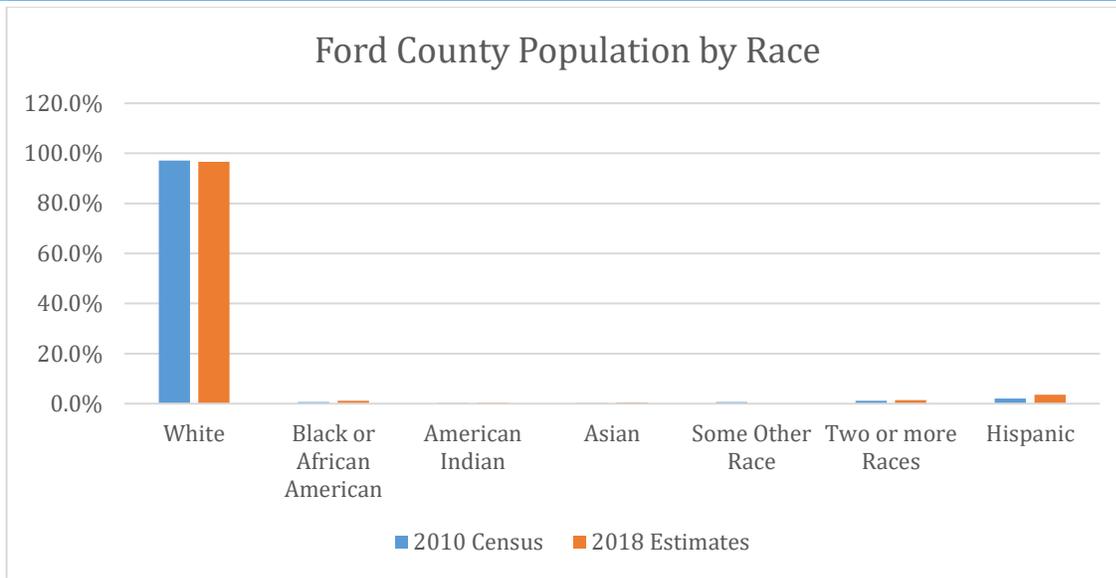
While Ford County’s population has decreased over the last five years, the percentage older adults and youth within the County remain steady. The older adult population continues to be higher than the State percentage. By race, there has not been a significant change in Ford County since 2010 Census other than a continued slight increase in the Hispanic population.



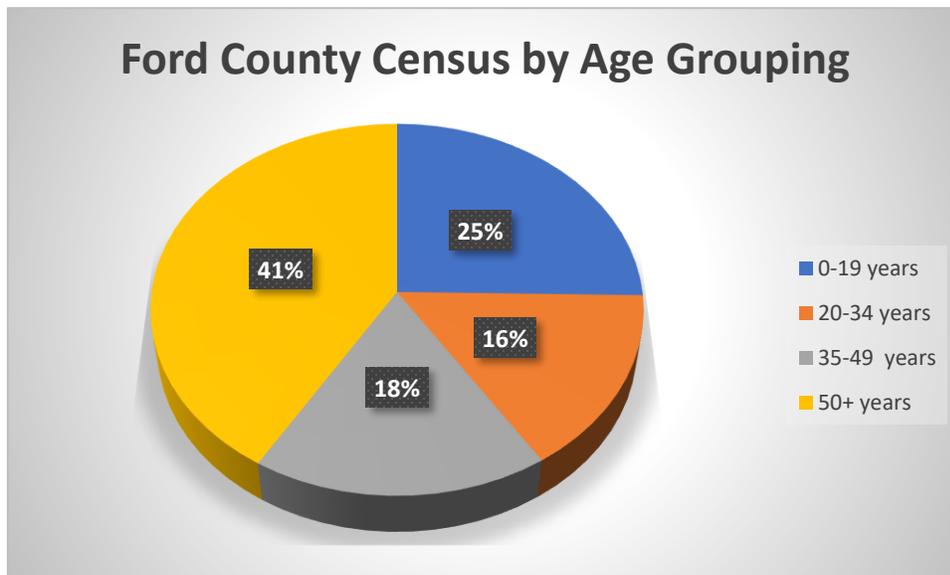
Source: U.S. Census Bureau; American Fact Finder

Percent of Youth population	2010 Census (up to 19 years of age)	2018 U.S. Census Estimates (up to 18 years of age)	
Ford County	26.6%	22.9%	Ford County has a comparable youth population with Illinois
Illinois	27.3%	22.4%	

Source: U.S. Census Bureau; Quick Facts and Fact Finder



Percent of population 65 years of age and older	2010 Census	2018 U.S. Census Estimates
Ford County	18.6%	18.8%
Illinois	12.5%	15.6%



Source: U.S. Census Bureau Quick Facts;
<https://www.census.gov/quickfacts/fact/table/fordcountvillinois,IL/AGE295218#AGE295218>

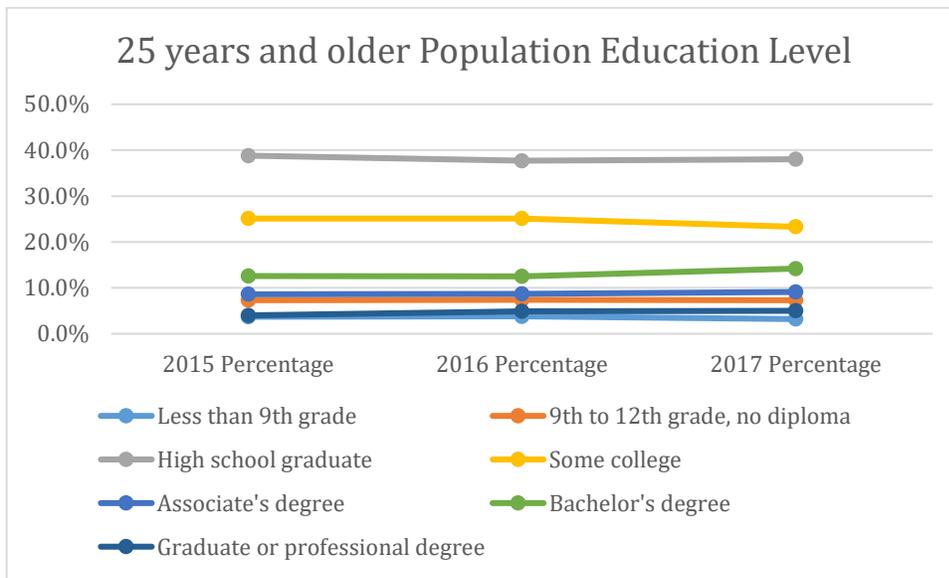
U.S. Census Bureau Fact Finder;
<https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=CF>

CDC Environmental Public Health Tracking; <https://ephracking.cdc.gov/InfoByLocation/>



Education:

High school graduation rates have remained steady. 89.1% in 2015, 88.8% in 2016, and 89.6% in 2017—these rates are higher than the current Illinois state average of 87%. While those with some college has decreased, there has been a slight increase in the number of those with a bachelor’s degree within Ford County.



Source: U.S. Census Bureau; American Fact Finder



General Health and Access to Care

Access to care and health insurance is an important piece to general health. Without the necessary health care and the ability to utilize that care, a person's health needs may not be met which creates a higher level of needed care and a lower quality of health. The County Health Rankings 2019 show the comparisons or availability in Ford County to Illinois as a whole. The dental ration was recently addressed by Gibson Area Hospital and Health Services by opening a dental clinic. Otherwise the available providers in Ford County are comparable to the State.

Health Factors/Clinical Care	Ford County	Illinois
Primary care physicians	1360:1	1230:1
Dentists	3320:1	1310:1
Mental health providers	220:1	480:1
Preventable hospital stays	3,523	4,980
Mammography screening	44%	42%

Having the health care providers available is the first step but people must be able to get to the health care providers to utilize the services. Many times, those seeking services to the providers are low income and may not have the means or the finances to pay for transportation to the health care and/or mental health providers. Transportation was a need reported on the Ford County Community Health Needs Assessment Survey. 38.81% of respondents selected poor for access to public transportation. Currently, there are four transportation providers in Ford County and all of them have restrictions on the use of their services.

Illinois 2017 Mental Health National Outcome Measures: Percent of person's receiving Mental Health Services in Illinois shows a large percentage of mental health provider clients with lower income and Medicaid health insurance. This population and those 65 and older have more difficulty with access to providers with the limited number in Ford County.

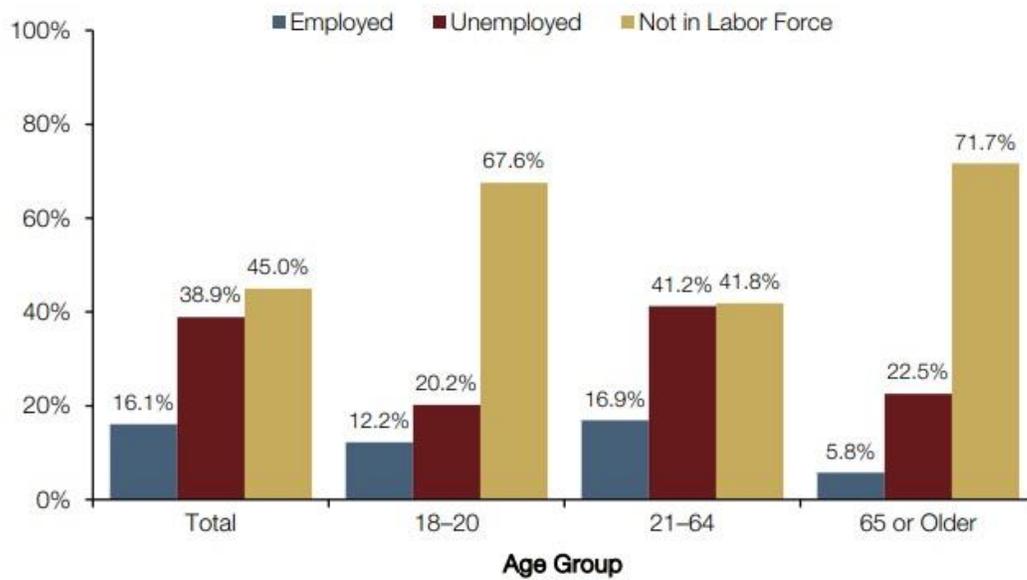
Employment With Known Status (Adults)	Percent
Employed	14.4%
Unemployed	32.3%
Not In Labor Force	53.3%

Medicaid Funding Status of Consumers	Percent
Medicaid Only	96.4%
Non-Medicaid	1.6%
Both Medicaid and Other Funds	2.0%



Adult Mental Health Consumers Served in the Public Mental Health System in Illinois, by Age Group and Employment Status (2014)

Among adults served in Illinois' public mental health system in 2014, 67.6% of those aged 18–20, 41.8% of those aged 21–64, and 71.7% of those aged 65 or older were not in the labor force.

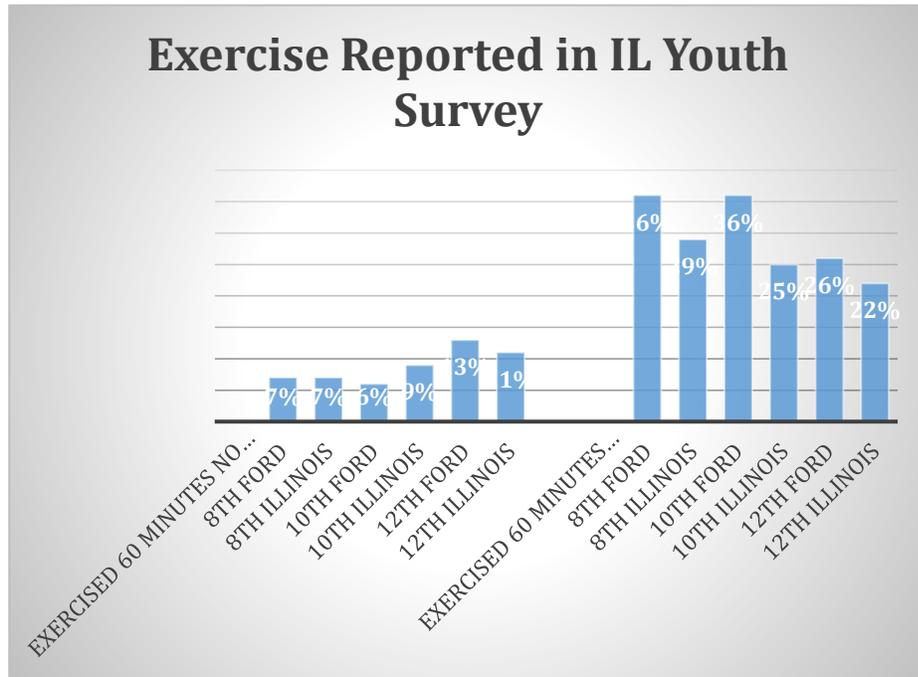


In 2014, 37,107 children and adolescents (aged 17 or younger) were served in Illinois' public mental health system.



Physical Activity:

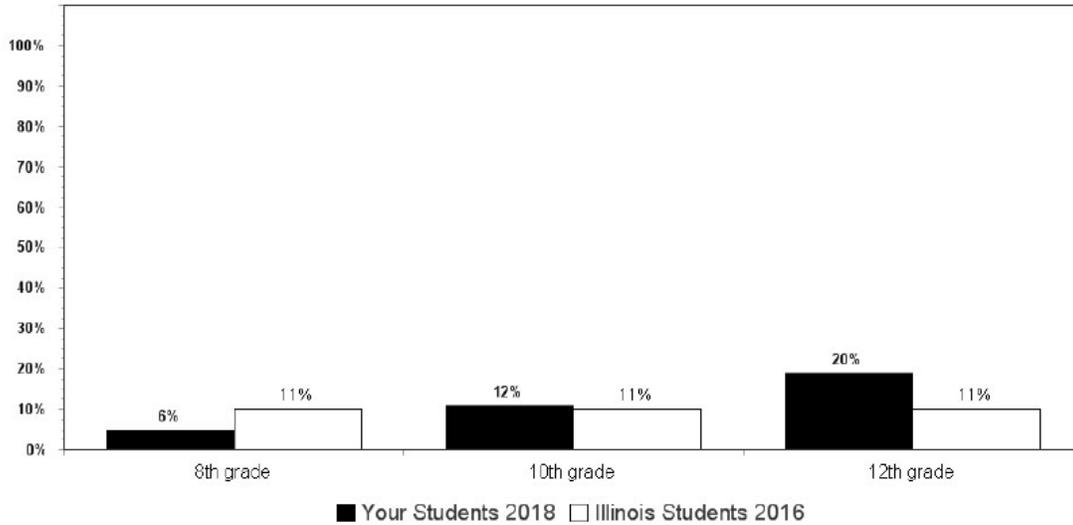
The 2018 Illinois Youth Survey shows the results of youth and their exercising in the last seven days. The number show a trend in activity decreasing as the youth age. The Illinois County Behavioral Risk Factor Surveillance from 2012 reports that 78.6% of adults surveyed did have some exercise in the last 30 days. Physical activity can play an important role in overall health, a person’s well-being, and potential for obesity. In Ford County in 2012 68.2% of respondents reported to be overweight or obese (IL County BRFS). The Body Mass Index of Ford County youth appears to increase as they become older. This is always an area that can be improved upon.



Exercise					
2012 Ford County Round 5 Illinois County BRFS		Count	Col %	Confidence Interval %	Unweighted Count
ANY EXERCISE PAST 30 DAYS	yes	8,441	78.60%	73.6-83.0%	310
	no	2,293	21.40%	17.0-26.4%	117
Total		10,734	100.00%	%	427
2012 Ford County Round 5 Illinois County BRFS					
Unweighted counts of 5 or less do not meet standards of reliability.					



Prevalence of Obesity* According to BMI By Grade



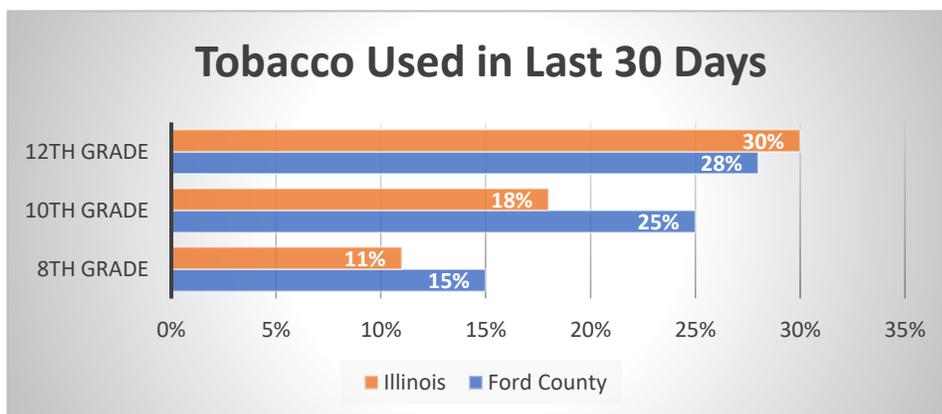
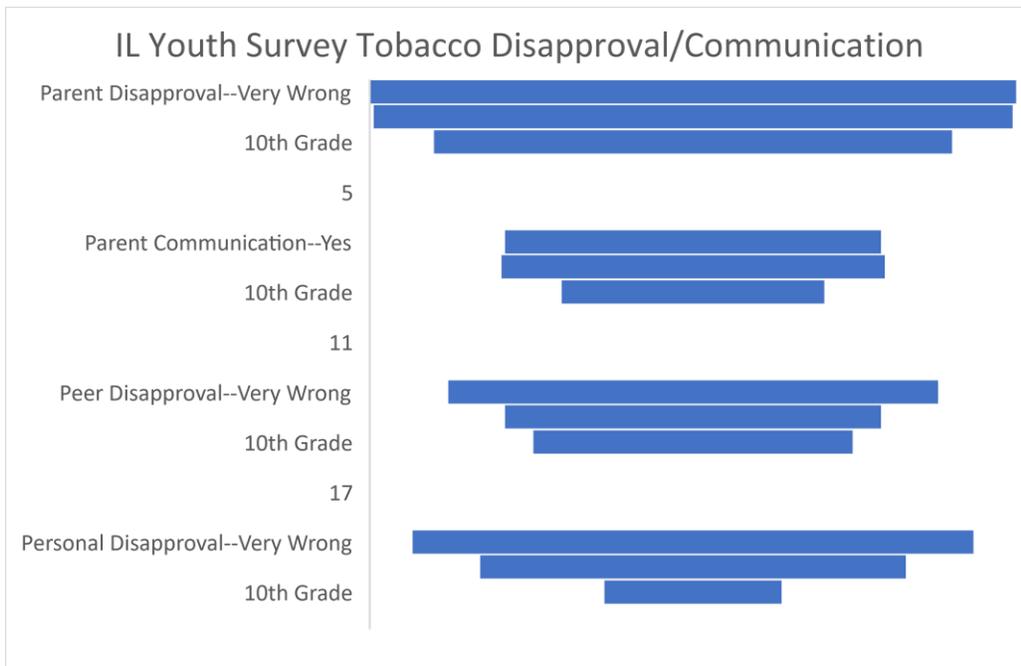
*As defined by the Centers for Disease Control based on Body Mass Index for age and gender

OBESITY					
2012 Ford County Round 5 Illinois County BRFS		Count	Col %	Confidence Interval %	Unweighted Count
OBESITY	underweight/normal	3,372	31.70%	26.0-38.1%	135
	overweight	4,179	39.30%	33.0-46.0%	167
	obese	3,075	28.90%	23.2-35.5%	117
Total		10,627	100.00%	%	419
2012 Ford County Round 5 Illinois County BRFS					
Unweighted counts of 5 or less do not meet standards of reliability.					



Tobacco Use:

The County Health Rankings show that adult tobacco use is at 16% which is in line with the State at 16%. Tobacco use among youth is lower than the State rate for 12th grade; however, 10th and 8th grade student’s usage is higher than the State. The Illinois Youth Survey 2018 also provided beneficial information about perceived disapproval by parents, peers, and self. There appears to be a correlation between the usage of tobacco as a youth gets older and the parent communication about not using tobacco products as well as the perceived disapproval by all parties involved.



Ford County’s percent of adults aged 18 and older who are current smokers is 16% which is slightly higher than the Statewide rate of 15.8%.



Substance Abuse:

Illinois Youth Survey 2018 reports that 56% of 12th graders used alcohol within the past 12 months and 37% within the past 30 days. 25% 10th graders and 27% of 12th graders reported using any tobacco or vaping products within the last year. However, within the past 30 days 10th graders reported using E-cigarettes. Illicit drug usage for youth was less than 2% for each grade surveyed during the past year. Marijuana use in the past year by 12th graders was reported as 28% and prescription drugs not prescribed to the youth by all grade levels within the past year were between 4% - 8%.

2018 Substance Use Rates by Grade

Substance Used	8th Grade	10th Grade	12th Grade
Used Past Year			
Any Substance (including alcohol, cigarettes, inhalants or marijuana)	28%	38%	57%
Alcohol	25%	36%	56%
Any Tobacco or Vaping Products*	10%	25%	27%
Cigarettes	7%	5%	16%
Inhalants	6%	2%	2%
Marijuana	6%	12%	28%
Any Illicit Drugs (excluding marijuana)	3%	2%	3%
Crack/Cocaine	1%	1%	1%
Hallucinogens/LSD	1%	1%	1%
Ecstasy/MDMA	1%	1%	2%
Methamphetamine	1%	0%	0%
Heroin	0%	0%	0%
Any Prescription Drugs to get high	3%	3%	5%
Prescription Painkillers	2%	1%	4%
Other Prescription Drugs	3%	3%	5%
Prescription pain medicine without prescription or differently than prescribed*	5%	5%	8%
Prescription drugs not prescribed to you	8%	4%	7%
Over-the-Counter Drugs	3%	2%	2%
Used Past 30 Days			
Alcohol	11%	23%	37%
Any Tobacco or Vaping Products (cigarettes or other smoked tobacco or chewing tobacco or hookah or e-cigs)	15%	25%	28%
Cigarettes	5%	4%	11%
Smokeless tobacco	3%	4%	5%
Smoked tobacco (other than cigarettes)	5%	6%	11%
Hookah or water pipe	1%	2%	6%
E-cigarettes	12%	23%	19%
Marijuana	3%	5%	13%
Prescription drugs not prescribed to you	3%	2%	4%

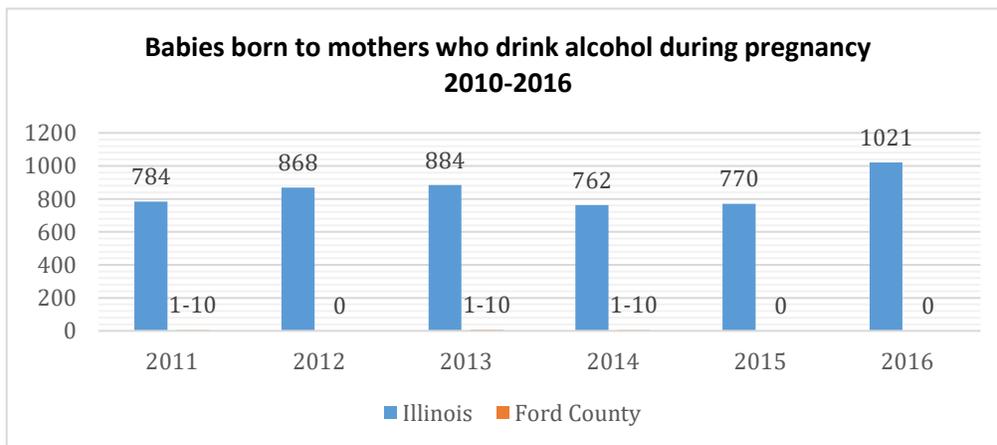
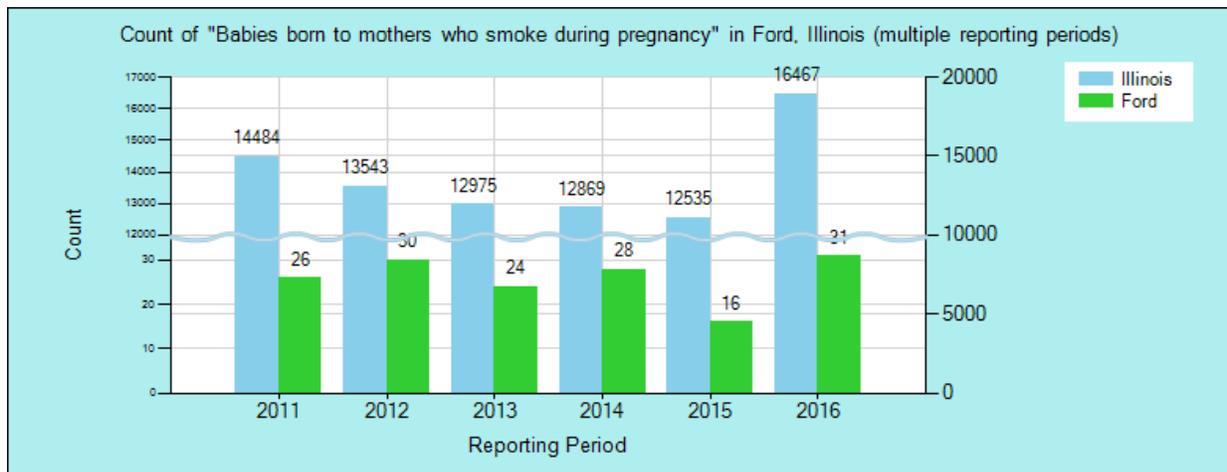


Maternal and Child Health

Illinois Public Health Community Map shows Ford County’s comparison with the State of Illinois. Ford County has a higher rate of teen births and prenatal care starting in the first trimester. IDPH IQuery shows an increase in mothers that smoke during pregnancy in Ford County; however, the number of live births is none or 1 to 10 for mothers that drink alcohol during pregnancy. Infant death and mortality rates reported by IDPH show that Ford County has not had an infant death since 2014.

Area	Low birth weight	Teen birth rate	Percent prenatal care started in first trimester	Percent of live births breastfed in hospital
Ford County	7.1%	21.3 per 1,000	84.4%	75.5%
Illinois	8.3%	19 per 1,000	78.4%	81.6%

Source: <http://www.dph.illinois.gov/data-statistics/vital-statistics/infant-mortality-statistics/more-statistics>



Source: <http://www.healthcarereportcard.illinois.gov/maps>



Chronic Disease

IDPH IQuery shows the top 10 leading causes of death in Ford County for 2017 as follows:

1. Diseases of heart	54
2. Malignant neoplasms	38
3. Alzheimer's disease	20
4. Chronic lower respiratory diseases	15
5. Accidents	7
6. Cerebrovascular diseases	7
7. Diabetes mellitus	6
8. Chronic liver disease and cirrhosis	3
9. Nephritis, nephrotic syndrome and nephrosis	3
10. Parkinson's disease	3

**Heart Disease:**

Heart Attack Mortality rate in 2014 was 76.3 but in 2015 and 2016 the data was suppressed (as an age-adjusted death rate from heart attack among persons 35 and older per 100,000 population). Illinois' age rate in 2014 was 66.1 which is lower than Ford County's. The CDC shows a heart disease death rate of 372 per 100,000 but only a 73 per 100,000 death rate for stroke.

Source: Centers for Disease Control and Prevention. Environmental Public Health Tracking Network. Mortality for Heart Attack. Accessed From: <https://ephtracking.cdc.gov/DataExplorer>. Accessed on 08/09/2019

The Illinois Public Health Community Map shows that Ford County has a higher prevalence of heart disease.

Measure	Ford County	Illinois
Angina or Coronary Heart Disease	5.6%	3.6%
Heart Attack or M.I Prevalence	5.1%	3.8%
Stroke Prevalence	3.7%	2.9%
Hypertension Emergency Room Visits	45.44 per 10,000	38.21 per 10,000
Heart Failure readmission rate	135.23 per 100,000	72.91 per 100,000

**Cancer:**

Cancer was reported as one of the top five health concerns on the Ford County Community Health Needs Assessment Survey that was completed. 60.74% of respondents selected cancer as one of their top five health issues that are the most prevalent in Ford County. From 2012-2016 the rate of cancer deaths in Ford County was 208.8 per 100,000 (actual 210 deaths) which is higher than the Illinois rate of 168.5 and the National rate of 161. The top three new cases of cancer in Ford County are female breast, lung bronchus, and colon and rectum. Female breast and lung bronchus new cancer case rates are higher than the State and National rates as well.

2012-2016 New Female Breast Cancer Cases

	New Cases	Rate per 100,000
Ford County	78	159.6
Illinois	50,495	132
National	1,196,484	125

2012-2016 New Lung Bronchus Cancer Cases

	New Cases	Rate per 100,000
Ford County	70	71.4
Illinois	47,130	65
National	522,811	52

2012-2016 New Colon & Rectum Cancer Cases

	New Cases	Rate per 100,000
Ford County	45	44.5
Illinois	31,268	43
National	1,097,663	59

Source: U.S. Cancer Statistics Working Group. U.S. Cancer Statistics Data Visualizations Tool, based on November 2018 submission data (1999-2016); U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute; www.cdc.gov/cancer/dataviz, June 2019.



Cod_Malignant_Neoplasms	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
All other and unspecified malignant neoplasms	12	9	3	1	5	2	4	3	5	5	8
Bladder	0	1	2	1	0	1	0	1	0	3	3
Breast	2	3	1	2	2	4	9	3	3	1	0
Cervix uteri	0	0	0	0	1	0	0	0	0	0	0
Colon, rectum and anus	1	4	4	5	3	6	4	5	5	2	5
Corpus uteri and uterus, part unspecified	0	0	2	0	0	1	1	2	1	0	0
Esophagus	1	1	0	1	1	2	2	1	1	2	1
Kidney and renal pelvis	2	3	1	0	2	0	2	0	0	1	1
Larynx	0	0	0	1	2	0	0	2	0	0	2
Lip, oral cavity and pharynx	1	0	1	2	1	1	0	0	0	0	0
Liver and intrahepatic bile ducts	0	1	0	0	1	0	1	1	2	1	1
Lymphoid, hematopoietic and related tissue	6	6	7	1	4	9	6	5	7	5	5
Melanoma of skin	0	0	1	1	0	0	1	0	0	1	1
Meninges, brain and other parts of central nervous system	2	0	0	0	1	0	0	1	3	0	1
Ovary	0	1	2	1	0	0	1	2	0	1	1
Pancreas	0	2	8	2	2	5	1	0	3	5	7
Prostate	5	0	2	2	2	0	3	1	2	1	0
Stomach	1	1	2	0	1	1	0	0	0	0	1
Trachea, bronchus and lung	7	12	11	7	12	11	11	9	13	10	11
All Cancers	40	44	47	27	40	43	46	36	45	38	48
Total deaths	210	194	198	199	193	205	200	190	209	203	209
Number of cancer deaths	40	44	47	27	40	43	46	36	45	38	48
Percentage of cancer deaths in total deaths	19%	23%	24%	14%	21%	21%	23%	19%	22%	19%	23%
Number of heart-disease deaths	51	42	48	42	38	50	54	48	41	54	41
Percentage of heart-disease deaths in total deaths	24%	22%	24%	21%	20%	24%	27%	25%	20%	27%	20%
Both cancer and Hearth diseases	43%	44%	48%	35%	40%	45%	50%	44%	41%	45%	43%

Source: VRS Death Data



Respiratory Illness:

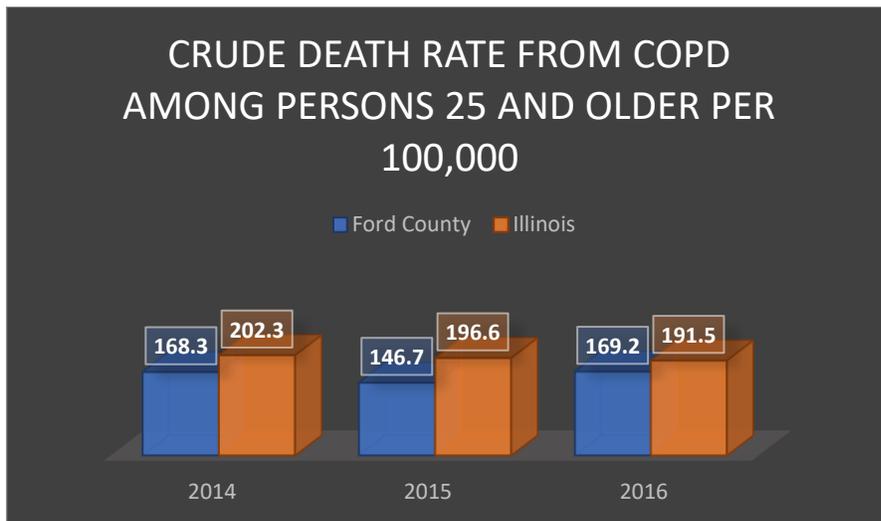
Ford County's 4th leading cause of death in 2017 was chronic lower respiratory disease which includes; chronic obstructive pulmonary disease (COPD), chronic bronchitis, and emphysema. However, the Illinois Public Health Community Map shows the prevalence of asthma in Ford County as 11% and Illinois as 7.6%.

Per Medicare (CMS) hospital compare, Gibson Area Hospital and Health Services readmission rate for Medicare beneficiaries with COPD is no different than the National rate of 19.5%. This also holds true for the COPD death rate within 30 days of a hospital admission (8.5%).

Source:

<https://www.medicare.gov/hospitalcompare/profile.html#profTab=0&ID=141317&cmprID=141317&dist=50&loc=60936&lat=40.4805326&lng=-88.3433623&cmprDist=1.8&Distn=1.8>

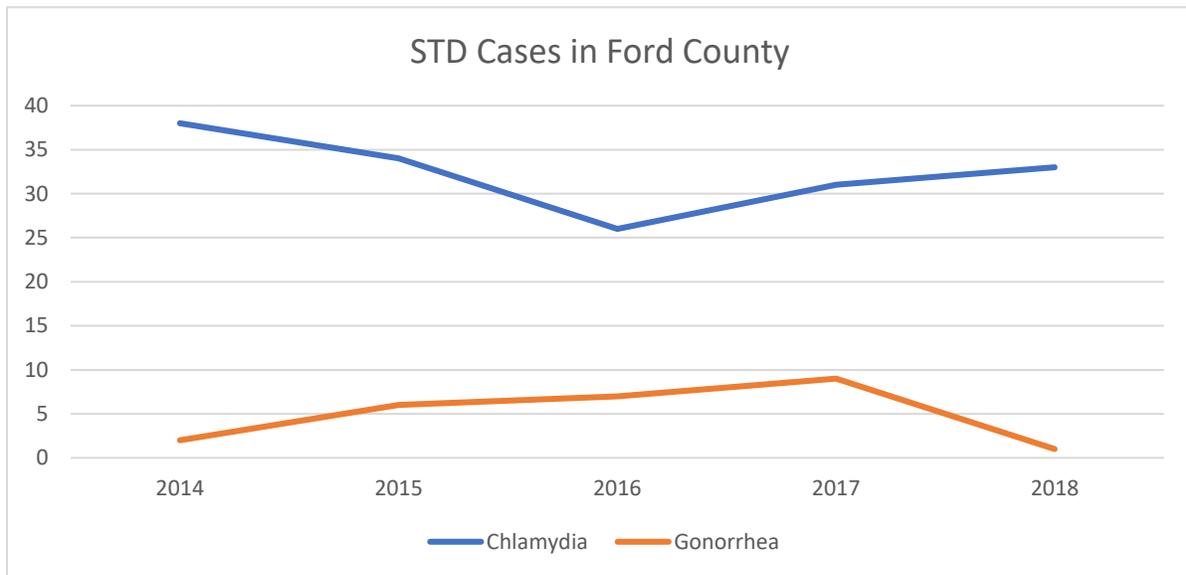
Crude death rates were lower than the Statewide rates for COPD among those 25 years and older, per the CDC National Environmental Public Health Tracking Network.



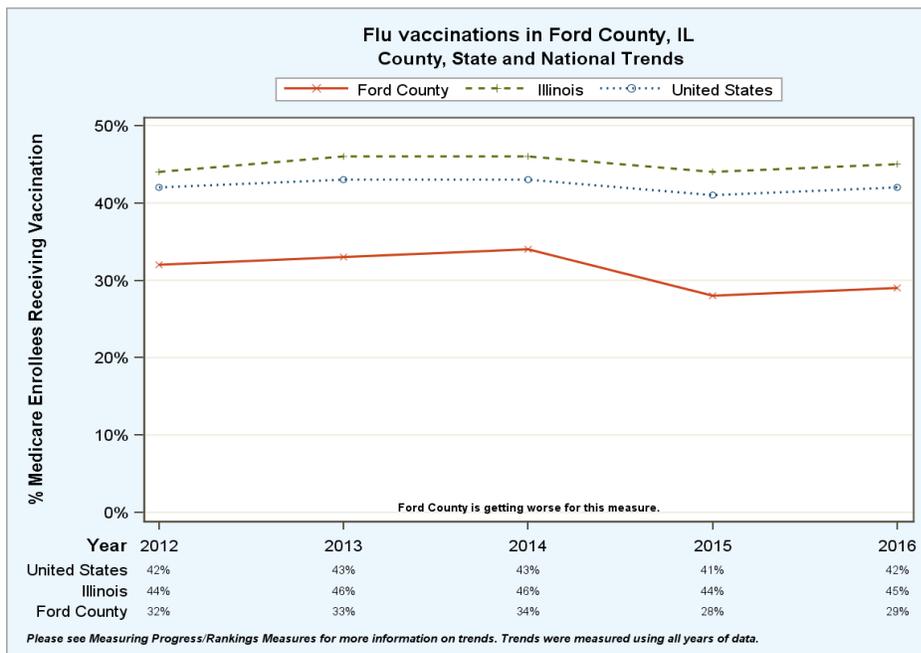


Infectious Disease

Ford County has had a drop in Gonorrhea cases from 2017-2018; however, Chlamydia cases have been rising since 2016. There have not been any Syphilis cases reported in Ford County since 2014. Sexually Transmitted Disease rates for Ford County remain under the State rates. Flu vaccinations rates continue to remain significantly under the Healthy People 2020 goal of 90% for those 18 years of age and older.



Source: IDPH



Source: County Health Rankings 2019

**Hepatitis**

IDPH IQuery Report shows a steady number of Hepatitis C, chronic cases since 2012. Hepatitis B, chronic case information data was not available until 2016.

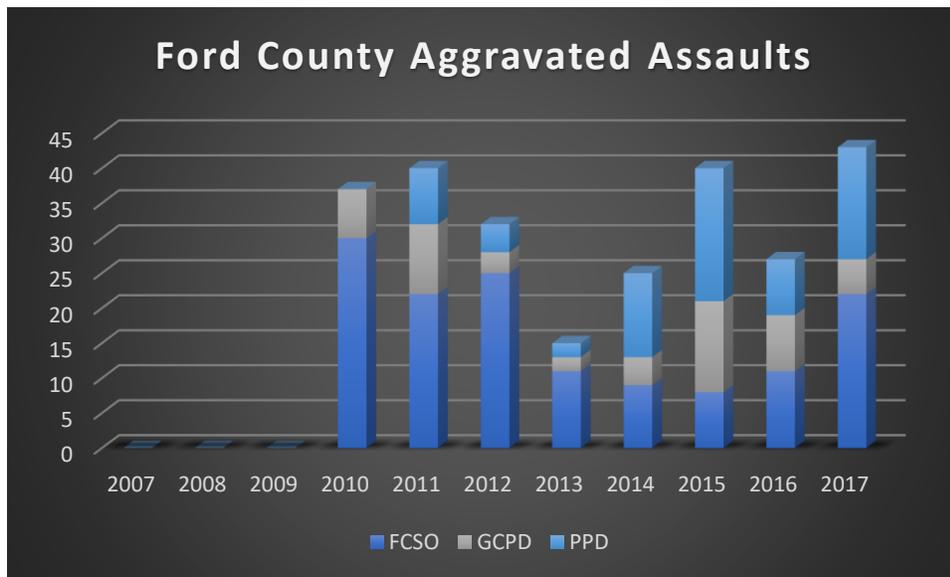
	2012	2013	2014	2015	2016
Hepatitis B, chronic	-	-	-	-	1
Hepatitis C, chronic	5	2	6	7	5

Source: <https://iquery.illinois.gov/DataQuery/Default.aspx>

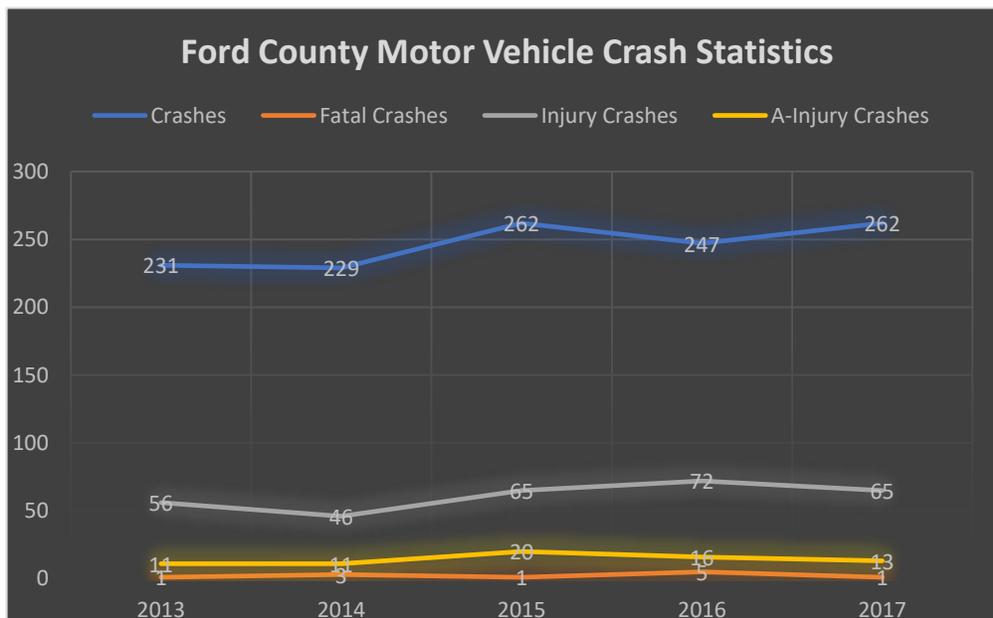


Environmental, Occupational and Injury Control

Crime in Ford County, per the Federal Bureau of Investigation Crime Data Explorer, is low for homicides. However aggravated assaults appear to be increasing since 2013. Motor Vehicle Crash Statistics from the Illinois Department of Transportation are steady in all areas. Based on the breakdown for 2016, the only notable distinction for crash situations is the number of intersections with no controls was 143 out of 247 crashes.



Source: <https://crime-data-explorer.fr.cloud.gov/explorer/agency/IL0270200/crime>



Source: <http://www.idot.illinois.gov/transportation-system/safety/Illinois-Roadway-Crash-Data>



Social & Economic Factors	Ford County	Illinois
Violent Crime (per 100,000 residents)	252	403
Injury Deaths (per 100,000 residents)	72	59

Source: County Health Rankings 2019

The CDC's Environmental Public Health Tracking shows the following information for Ford County.

In 2014...



12 Days of temperatures above 90 degrees

1 Day of Unhealthy Ozone levels

11.5 µg/m³ Air Quality particulate matter (National Standard = 12.0 µg/m³)

In 2015...

21% of residents lived within .5 mile of a park

59% of Illinois residents lived within .5 mile of a park

Source: <https://ephtracking.cdc.gov/InfoByLocation/>



Sentinel Events

Hospital Re-Admissions:

The Dartmouth Atlas Project does not have Ford County specific data regarding hospital readmissions within 30 days of discharge; however, the Bloomington area was at 13.95% and the Urbana area was at 17.93% in 2015. Illinois was at 15.229% which was at the higher end for the nation. Medicare.gov either did not have data available due to the cases being such a small number or the readmission rate was comparable to the National Rate. The County Health Rankings did show a rate of 3,523 (per 100,000 Medicare enrollees) for preventable hospital stays which is below Illinois' rate of 4,980.

Sources: <https://www.dartmouthatlas.org/interactive-apps/post-acute-care/>

<https://www.medicare.gov/hospitalcompare/profile.html#profTab=4&ID=141317&cmprID=141317&dist=50&loc=60936&lat=40.4805326&lng=-88.3433623&cmprDist=1.8&Distn=1.8>

<https://www.countyhealthrankings.org/app/illinois/2019/measure/factors/5/map>

Tuberculosis:

Per IDPH Illinois Tuberculosis Cases by County, Ford County's last Tuberculosis case was in 2002.



Community Health Plan

Board of Health Letter



Ford County Public Health Department

Lana Sample, MS
Public Health Administrator

Illinois Department of Public Health
Attn: Kristin Campbell
Division of Health Data and Policy
525 W Jefferson, Floor 2
Springfield, IL 62761

To Whom It May Concern:

The Ford County Board of Health met on September 17, 2019. The Ford County Public Health Department staff completed an Organizational Self-Assessment. Results were presented to and reviewed by the Board. The IPLAN process required for health department certification was completed by the Ford County Public Health Department and presented to the Board by Lana Sample, Health Department Administrator. The Ford County Community Health Needs Plan for 2019 – 2024 was approved by the Board of Health.

The following health problems have been established as the top priorities and have been addressed by the Plan.

1. Mental Health and Access to Services
2. Prevalence of Breast and Lung Cancer
3. Heart Disease and Heart Attack Prevalence

The Ford County Public Health Department staff and the Community Health Committee provided much input and assistance during the entire process. The Board of Health would like to thank those involved for all the time and support on this project.

Sincerely,

Mike Short, President
Ford County Board of Health

The Ford County Public Health Department does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging; for information call 1-800-252-8966 (Voice & TDD), or contact Ford County Public Health Department at 1-217-379-9281

235 North Taft Street • Paxton, Illinois 60957 • Phone: 217.379.9281 • Fax: 217.379.2802
E-mail address: info@fordcountyphd.org • Website: www.fordcountyphd.org



Community Participation

The Ford County Public Health Department staff began researching the seven data groupings outlined in the Health Needs Assessment. During this time, a community survey was opened to Ford County residents for completion. This survey was made available via Facebook, in the health department office, Twitter, and the health department's website.

An invitation to participate in the Ford County IPLAN process was sent out to those in the areas of: mental health, health education, hospital, care coordination, local officials, emergency management, probation, public health and banking. The Community Health Partners met on August 12, 2019 to review the research gathered and the results of the community survey.

During the August 12th meeting, those in attendance discussed the research in the Health Needs Assessment while looking at the community survey results. The Partners considered heavily the top causes of death and the community survey responses for the most prevalent health issues in Ford County. However, all data was reviewed and assessed for the prevalence within Ford County and the seriousness of the health issues. Discussion was held on several health needs as well as how those needs were interrelated.

After this discussion, the Partners used the Hanlon Method for setting the top three priorities. The Health Problem Analysis Worksheet was completed for the three health priorities set by the Community Health Partners.

On September 3, 2019, the Community Health Partners met to complete the Community Health Plan Worksheets for each health priority.

The IPLAN was then presented for review to the Community Health Partners and Board of Health. Then, after suggested changes, was presented to the Ford County Board of Health for approval and adoption.



Priorities

Mental Health and Access to Care

Mental health was the third most prevalent health issue based on the Ford County Community Health Needs Assessment Survey. 60.74% of respondents selected Mental Health as one of the top five health issues in Ford County. The Survey also showed 36.03% of respondents reporting that mental health services are inadequate in Ford County. The knowledge of services available is concerning due to the 2019 County Health Rankings showing a 220:1 ratio of mental health providers compared to the State of Illinois ratio of 480:1. There is also concern about the access to mental health services based on the Ford County Community Health Needs Assessment Survey showing 38.81% of respondents reported that access to public transportation is poor in Ford County.

The Community Health Committee had discussions on the need to address mental health concerns. This topic was tied to transportation/access to mental health services, addressing mental health needs/stigmas with the younger population, and the potential lead to substance use if mental health concerns are not addressed. Therefore, this topic was chosen as a top priority for Ford County.

Goal: Improve knowledge on available mental health resources, access to those resources, and stigma of mental health issues.

Outcome Objective: By 2024, reduce the average number of reported mentally unhealthy days in the past 30 to 3.0. Ford County is currently at 3.5 which is data from the Behavioral Risk Factor Surveillance System accessed through County Health Rankings.

Impact Objective: By 2022, 12th grade students in Ford County will report having mental health concerns at or below the State percentage. Using the Illinois Youth Survey results, 47% of the 2018 8th grade students in Ford County reported having mental health concerns in the past 12 months compared to Illinois at 28%.

Interventions and Community Partnerships:

- Ford County Public Health Department (FCPHD) will collaborate with Gibson Area Hospital and Health Services (GAHHS) by promoting and supporting Mental Health First Aid Training and Youth Mental Health First Aid Training. These trainings will increase mental health education, improve knowledge of mental health diseases, and inform others of the availability. FCPHD will also send selected staff to participate in the training.
- FCPHD will work together with other agencies to promote mental health services available in Ford County as well as transportation availability. FCPHD will ensure that resource guides given to clients contain all the available mental health resources and available transportation providers as well as those they serve. The FCPHD website will have links to available mental



health providers. Promoting the available services will positively impact the knowledge of what mental health providers and transportation services are within Ford County.

- FCPHD will conduct outreach and community education regarding mental health awareness. Promoting through media outlets and social media, FCPHD will provide attention and education to mental health awareness. Continual information being provided on mental health awareness can help improve the stigma and lack of knowledge regarding mental health issues.
- FCPHD will offer support to schools for outreach and education regarding youth mental health awareness. Promoting National Children’s Mental Health Awareness Day through media outlets and on social media, FCPHD will positively impact youth mental health stigma and knowledge. FCPHD will working collaboratively with the Community Resource and Counseling Center, Gibson Behavioral Health and the local school districts on youth mental health awareness to: improve knowledge of available mental health resources, increase youth mental health education, and educate on the importance of a healthy lifestyle related to mental health.

Funding Needs and Potential Sources: By enhancing current programs, existing funds will be used to complete Interventions. Local funds and grant dollars will be utilized to initiate a Community Health Educator to provide promotion, outreach and education in the community. The estimated cost is \$51,000. Additional grant opportunities from State and Federal sources will be explored. In-kind support from Gibson Area Hospital and Health Services (GAHHS) and Community Resource and Counseling Center is an unknown amount for collaboration.

Healthy People 2020:

- Increase percentage from 68.9 to 75.8 percent of children with mental health problems to receive treatment.
- Increase percentage from 79 to 87 percent of primary care facilities that provide mental health treatment onsite or by a paid referral.
- Show a 10 percent improvement in persons with co-occurring substance abuse and mental disorders to receive treatment for both disorders.
- 10 percent improvement in primary care physician office visits to include screening for depression in adults aged 19 and over

Healthy Illinois 2021:

- Improve the opportunity for people to be treated in the community rather than in institutions
- Increase behavioral health literacy and decrease stigma
- Research mandatory mental health education/ curriculum in schools
- Research mandatory mental health education/ curriculum in schools.
- Launch a public education campaign aimed at promoting mental health awareness, social and emotional skill building, and resiliency. Build on proven effective campaigns.



Prevalence of Breast and Lung Cancer

The results of the Ford County Community Health Needs Assessment Survey showed that cancer was the second most prevalent health issue in Ford County by respondents. New cases of breast cancer in Ford County are higher than the State and National rates from 2012-2016 as reported by the Centers for Disease Control and National Cancer Institute. The same is also true for new lung bronchus cancer cases.

The 2019 County Health Rankings show a decrease over the last two years of the percentage of mammography screenings. These rankings also show a steady 16% of adults that smoke. The 2018 Illinois Youth Survey results showed that tobacco/vaping products used in the past year were 10% of 8th graders, 25% of 10th graders, and 27% of 12th graders. Within the past 30 days, the percentages are slightly higher: 15% of 8th graders, 25% of 10th graders, and 28% of 12th graders.

The Community Health Committee discussed cancer, even more specifically breast and lung cancer, concerns within Ford County. Based on data and the survey responses, this topic was chosen as a priority for Ford County.

Goal: Improve utilization of preventive services, knowledge of cancer risk factors, and knowledge of cancer prevention.

Outcome Objective: By 2024, increase the proportion of women who received a breast cancer screening to 81.1%. The 2012 Illinois County Behavioral Risk Factor Surveillance showed 65.8% of women 40 and older had a mammogram in the last year

Impact Objective: By 2022, 12th grade students in Ford County will report having used tobacco or e-cigarettes in the past 30 days at or below the State percentage. Using the Illinois Youth Survey results, 15% of the 2018 8th grade students in Ford County reported to have used any tobacco compared to Illinois at 11% and 12% reported to have used e-cigarettes compared to Illinois at 6%.

Interventions and Community Partnerships:

- FCPHD will provide education and encouragement for breast cancer screenings. Promotion of breast cancer screenings through all forms of media may improve screening rates and early detection. FCPHD will continue to offer the Illinois Breast and Cervical Cancer Program and promote it to inform Ford County of the available resource.
- FCPHD will work with GAHHS on providing cancer prevalence rates as well as breast cancer screening rates. Working together, FCPHD and GAHHS can provide medical providers and the community with important information on the seriousness of cancer prevention and screening.



- FCPHD will collaborate with agencies to promote smoking cessation resources that are available within Ford County. FCPHD will ensure that medical provider offices, various public posting locations, and schools have information on the Illinois Tobacco Quitline. Working with GAHHS, FCPHD will support and promote any local tobacco cessation services offered. Ford County residents will have the information of resources available.
- FCPHD will conduct outreach and education on lung and breast cancer prevention. This will be accomplished through presentations, print material, media, and community event education in collaboration with GAHHS. Providing information on healthy lifestyles and cancer risks/prevention, Ford County will have the knowledge on how to mitigate cancer risk factors.

Funding Needs and Potential Sources: By enhancing current programs, existing funds will be used to complete Interventions. Local funds and grant dollars will be utilized to initiate a Community Health Educator to provide promotion, outreach and education in the community. The estimated cost is \$51,000. Additional grant opportunities from State and Federal sources will be explored. In-kind support from GAHHS, GAHHS primary care providers, and local schools is an unknown amount for collaboration.

Healthy People 2020:

- Increase percentage from 73.7 to 81.1 percent of females aged 50 to 74 to receive a breast cancer screening.
- Increase percentage from 69.8 to 76.8 percent of females aged 50 to 74 to receive counseling about mammograms from providers.

Healthy Illinois 2021:

- Increase the number of smoke-free schools, hospitals, and housing units.
- Increase the availability of evidence-based smoking cessation programs such as the Illinois Tobacco Quitline, Freedom From Smoking, and Courage to Quit.



Heart Disease and Heart Attack Prevalence

Diseases of the heart was the leading cause of death in Ford County during 2017. The Illinois Public Health Community Map shows a higher prevalence in Ford County than overall in Illinois.

Measure	Ford County	Illinois
Angina or Coronary Heart Disease	5.6%	3.6%
Heart Attack or M.I Prevalence	5.1%	3.8%
Stroke Prevalence	3.7%	2.9%
Hypertension Emergency Room Visits	45.44 per 10,000	38.21 per 10,000
Heart Failure readmission rate	135.23 per 100,000	72.91 per 100,000

Although heart disease was not in the top five of prevalent health issues on the Ford County Community Health Needs Assessment Survey, it was in the top ten. Discussion within the Community Health Committee lead to choosing heart disease as a top priority due to the many factors that lead to heart disease and the correlation with other chronic diseases. Diet, tobacco use, and physical activity not only impact heart disease prevalence but play a role in various cancers and mental health.

Goal: Improve knowledge of heart disease risk factors and promotion of healthy diets and active lifestyles to ultimately prevent heart attacks and strokes.

Outcome Objective: By 2024, decrease the percentage of those reporting to have angina or coronary heart disease to 3.6%. The Illinois Public Health Community Map reports the Statewide rate to be 3.6% and Ford County's rate is 5.6%.

Impact Objective: By 2022, decrease the percentage of adults reporting no leisure-time physical activity within the past month to 22%. Ford County is currently at 25% which is data from the Behavioral Risk Factor Surveillance System accessed through County Health Rankings.

Interventions and Community Partnerships:

- FCPHD will conduct outreach and education on risk factors for heart disease, the importance of physical activity, and heart health. Through media outlets, social media, print materials, and community events, FCPHD will provide education on heart disease risk factors and the importance of physical activity. FCPHD will also provide heart health related information during the Kempton clinic on a quarterly basis.
- FCPHD will collaborate with GAHHS in offering and promoting Chronic Disease Self-Management Program. By offering and encouraging this evidence-based program, participants will have the education and tools needed to manage chronic diseases and understand the importance of a healthy lifestyle.



- FCPHD will develop a resource for all potential physical activity locations within Ford County. A physical activity resource guide created and distributed throughout Ford County can provide the knowledge of various locations and encourage residents to become physically active or increase their physical activity.

Funding Needs and Potential Sources: By enhancing current programs, existing funds will be used to complete Interventions. Local funds and grant dollars will be utilized to initiate a Community Health Educator to provide promotion, outreach and education in the community. The estimated cost is \$51,000. Additional grant opportunities from State and Federal sources will be explored. In-kind support from GAHHS, local communities, and physical activity providers is an unknown amount for collaboration.

Healthy People 2020:

- Increase percentage from 74.6 to 82.1 percent of adults aged 18 years and older to have blood cholesterol checked within the preceding 5 years.
- Increase percentage from 51.3 to 56.4 percent of adults age 20 and older to be aware of early signs and warning symptoms of stroke.
- Increase percentage from 77.1 to 84.8 percent of adult heart attack survivors referred to a cardiac rehabilitation program after discharge.

Healthy Illinois 2021:

- Promote minimum requirements for physical activity for children to include 150 minutes of instructional physical education for elementary school children and 225 minutes for middle and high school students per week for the entire school year
- Promote Medicaid and other insurance reimbursement for community-based lifestyle change programs such as the Diabetes Prevention Program, the Chronic Disease Self-Management Program, MEND, and the Chronic Diabetes Self-Management Program.



Appendices

Community Needs Assessment Survey

This survey will only take a few minutes. Your input is important and will be used by the Ford County Public Health Department and our community partners to assist in identifying and meeting the needs of our community. All information is confidential, and your name is not required.

Thank you for your participation!

Question

1. Neighborhood Traffic & Roads: For each category, please indicate the level to which your neighborhood meets these needs

	Excellent	Good	Needs Improvement	Poor	N/A
Road maintenance/repair	<input type="radio"/> Road maintenance/repair Excellent	<input type="radio"/> Road maintenance/repair Good	<input type="radio"/> Road maintenance/repair Needs Improvement	<input type="radio"/> Road maintenance/repair Poor	<input type="radio"/> Road maintenance/repair N/A
Access to public transportation	<input type="radio"/> Access to public transportation Excellent	<input type="radio"/> Access to public transportation Good	<input type="radio"/> Access to public transportation Needs Improvement	<input type="radio"/> Access to public transportation Poor	<input type="radio"/> Access to public transportation N/A
Access to sidewalks	<input type="radio"/> Access to sidewalks Excellent	<input type="radio"/> Access to sidewalks Good	<input type="radio"/> Access to sidewalks Needs Improvement	<input type="radio"/> Access to sidewalks Poor	<input type="radio"/> Access to sidewalks N/A
Pedestrian crosswalks	<input type="radio"/> Pedestrian crosswalks Excellent	<input type="radio"/> Pedestrian crosswalks Good	<input type="radio"/> Pedestrian crosswalks Needs Improvement	<input type="radio"/> Pedestrian crosswalks Poor	<input type="radio"/> Pedestrian crosswalks N/A
Bike paths	<input type="radio"/> Bike paths Excellent	<input type="radio"/> Bike paths Good	<input type="radio"/> Bike paths Needs Improvement	<input type="radio"/> Bike paths Poor	<input type="radio"/> Bike paths N/A

Other (please specify)



Question:

2. Safety Concerns: For each category, please indicate your level of concern as it pertains to your neighborhood.

	Not Concerned	Somewhat Concerned	Concerned	Very Concerned	N/A
Traffic speeds	<input type="radio"/> Traffic speeds Not Concerned	<input type="radio"/> Traffic speeds Somewhat Concerned	<input type="radio"/> Traffic speeds Concerned	<input type="radio"/> Traffic speeds Very Concerned	<input type="radio"/> Traffic speeds N/A
Lack of crime patrols/Block watches	<input type="radio"/> Lack of crime patrols/Block watches Not Concerned	<input type="radio"/> Lack of crime patrols/Block watches Somewhat Concerned	<input type="radio"/> Lack of crime patrols/Block watches Concerned	<input type="radio"/> Lack of crime patrols/Block watches Very Concerned	<input type="radio"/> Lack of crime patrols/Block watches N/A
Gang activity	<input type="radio"/> Gang activity Not Concerned	<input type="radio"/> Gang activity Somewhat Concerned	<input type="radio"/> Gang activity Concerned	<input type="radio"/> Gang activity Very Concerned	<input type="radio"/> Gang activity N/A
Crime rates	<input type="radio"/> Crime rates Not Concerned	<input type="radio"/> Crime rates Somewhat Concerned	<input type="radio"/> Crime rates Concerned	<input type="radio"/> Crime rates Very Concerned	<input type="radio"/> Crime rates N/A
Controlled rural intersections	<input type="radio"/> Controlled rural intersections Not Concerned	<input type="radio"/> Controlled rural intersections Somewhat Concerned	<input type="radio"/> Controlled rural intersections Concerned	<input type="radio"/> Controlled rural intersections Very Concerned	<input type="radio"/> Controlled rural intersections N/A

Other (please specify)



Question:

3. Health Issues: The following are the top reported health issues within the United States. Please select the **(5) five health issues** you feel are the most prevalent in Ford County. Select only 5.

- Alcohol use
- Cancer
- Child abuse & neglect
- Dental problems
- Diabetes
- Domestic violence
- Drug use
- Lung/Respiratory disease
- Gun violence
- Heart disease & stroke
- Infant deaths
- Infectious diseases (HIV/AIDS, STDs, West Nile Virus)
- Mental health
- Obesity
- Senior/Aging challenges
- Senior/Elder abuse & neglect
- Suicide
- Teenage pregnancy
- Other (please specify)



Question:

4. Community Resources: For each category, please indicate the level to which Ford County meets the need

	Very Adequate	Adequate	Inadequate	Very Inadequate	Don't Know
Affordable housing	<input type="radio"/> Affordable housing Very Adequate	<input type="radio"/> Affordable housing Adequate	<input type="radio"/> Affordable housing Inadequate	<input type="radio"/> Affordable housing Very Inadequate	<input type="radio"/> Affordable housing Don't Know
Employment/ability to find jobs	<input type="radio"/> Employment/ability to find jobs Very Adequate	<input type="radio"/> Employment/ability to find jobs Adequate	<input type="radio"/> Employment/ability to find jobs Inadequate	<input type="radio"/> Employment/ability to find jobs Very Inadequate	<input type="radio"/> Employment/ability to find jobs Don't Know
Ability to pay for basic needs (food, clothing, etc.)	<input type="radio"/> Ability to pay for basic needs (food, clothing, etc.) Very Adequate	<input type="radio"/> Ability to pay for basic needs (food, clothing, etc.) Adequate	<input type="radio"/> Ability to pay for basic needs (food, clothing, etc.) Inadequate	<input type="radio"/> Ability to pay for basic needs (food, clothing, etc.) Very Inadequate	<input type="radio"/> Ability to pay for basic needs (food, clothing, etc.) Don't Know
Drug treatment services	<input type="radio"/> Drug treatment services Very Adequate	<input type="radio"/> Drug treatment services Adequate	<input type="radio"/> Drug treatment services Inadequate	<input type="radio"/> Drug treatment services Very Inadequate	<input type="radio"/> Drug treatment services Don't Know
Mental health services	<input type="radio"/> Mental health services Very Adequate	<input type="radio"/> Mental health services Adequate	<input type="radio"/> Mental health services Inadequate	<input type="radio"/> Mental health services Very Inadequate	<input type="radio"/> Mental health services Don't Know
Family support services	<input type="radio"/> Family support services Very Adequate	<input type="radio"/> Family support services Adequate	<input type="radio"/> Family support services Inadequate	<input type="radio"/> Family support services Very Inadequate	<input type="radio"/> Family support services Don't Know
Affordable childcare	<input type="radio"/> Affordable childcare Very Adequate	<input type="radio"/> Affordable childcare Adequate	<input type="radio"/> Affordable childcare Inadequate	<input type="radio"/> Affordable childcare Very Inadequate	<input type="radio"/> Affordable childcare Don't Know
Opportunities for youth	<input type="radio"/> Opportunities for youth Very Adequate	<input type="radio"/> Opportunities for youth Adequate	<input type="radio"/> Opportunities for youth Inadequate	<input type="radio"/> Opportunities for youth Very Inadequate	<input type="radio"/> Opportunities for youth Don't Know
Funding for schools	<input type="radio"/> Funding for schools Very Adequate	<input type="radio"/> Funding for schools Adequate	<input type="radio"/> Funding for schools Inadequate	<input type="radio"/> Funding for schools Very Inadequate	<input type="radio"/> Funding for schools Don't Know
Funding for after school programs	<input type="radio"/> Funding for after school programs Very Adequate	<input type="radio"/> Funding for after school programs Adequate	<input type="radio"/> Funding for after school programs Inadequate	<input type="radio"/> Funding for after school programs Very Inadequate	<input type="radio"/> Funding for after school programs Don't Know
Senior services/adult care	<input type="radio"/> Senior services/adult care Very Adequate	<input type="radio"/> Senior services/adult care Adequate	<input type="radio"/> Senior services/adult care Inadequate	<input type="radio"/> Senior services/adult care Very Inadequate	<input type="radio"/> Senior services/adult care Don't Know
Access to health care	<input type="radio"/> Access to health care Very Adequate	<input type="radio"/> Access to health care Adequate	<input type="radio"/> Access to health care Inadequate	<input type="radio"/> Access to health care Very Inadequate	<input type="radio"/> Access to health care Don't Know
Services for low income persons	<input type="radio"/> Services for low income persons Very Adequate	<input type="radio"/> Services for low income persons Adequate	<input type="radio"/> Services for low income persons Inadequate	<input type="radio"/> Services for low income persons Very Inadequate	<input type="radio"/> Services for low income persons Don't Know
Other (please specify)	<input type="text"/>				



Question:

5. Personal Health: For each category, please indicate how often you engage in these activities per week

	Every day	4-6 days a week	1-3 days a week	Less than once a week	Never
Exercise for at least 30 minutes	<input type="radio"/> Exercise for at least 30 minutes Every day	<input type="radio"/> Exercise for at least 30 minutes 4-6 days a week	<input type="radio"/> Exercise for at least 30 minutes 1-3 days a week	<input type="radio"/> Exercise for at least 30 minutes Less than once a week	<input type="radio"/> Exercise for at least 30 minutes Never
Eat at least 5 servings of fruits and vegetables a day	<input type="radio"/> Eat at least 5 servings of fruits and vegetables a day Every day	<input type="radio"/> Eat at least 5 servings of fruits and vegetables a day 4-6 days a week	<input type="radio"/> Eat at least 5 servings of fruits and vegetables a day 1-3 days a week	<input type="radio"/> Eat at least 5 servings of fruits and vegetables a day Less than once a week	<input type="radio"/> Eat at least 5 servings of fruits and vegetables a day Never
Eat fast food	<input type="radio"/> Eat fast food Every day	<input type="radio"/> Eat fast food 4-6 days a week	<input type="radio"/> Eat fast food 1-3 days a week	<input type="radio"/> Eat fast food Less than once a week	<input type="radio"/> Eat fast food Never
Drink more than 1 sugary drink a day (soda, sweet tea, etc.)	<input type="radio"/> Drink more than 1 sugary drink a day (soda, sweet tea, etc.) Every day	<input type="radio"/> Drink more than 1 sugary drink a day (soda, sweet tea, etc.) 4-6 days a week	<input type="radio"/> Drink more than 1 sugary drink a day (soda, sweet tea, etc.) 1-3 days a week	<input type="radio"/> Drink more than 1 sugary drink a day (soda, sweet tea, etc.) Less than once a week	<input type="radio"/> Drink more than 1 sugary drink a day (soda, sweet tea, etc.) Never
Smoke/chew tobacco or use e-cigarettes	<input type="radio"/> Smoke/chew tobacco or use e-cigarettes Every day	<input type="radio"/> Smoke/chew tobacco or use e-cigarettes 4-6 days a week	<input type="radio"/> Smoke/chew tobacco or use e-cigarettes 1-3 days a week	<input type="radio"/> Smoke/chew tobacco or use e-cigarettes Less than once a week	<input type="radio"/> Smoke/chew tobacco or use e-cigarettes Never
Drink more than 4 alcoholic drinks	<input type="radio"/> Drink more than 4 alcoholic drinks Every day	<input type="radio"/> Drink more than 4 alcoholic drinks 4-6 days a week	<input type="radio"/> Drink more than 4 alcoholic drinks 1-3 days a week	<input type="radio"/> Drink more than 4 alcoholic drinks Less than once a week	<input type="radio"/> Drink more than 4 alcoholic drinks Never
Use illegal drugs	<input type="radio"/> Use illegal drugs Every day	<input type="radio"/> Use illegal drugs 4-6 days a week	<input type="radio"/> Use illegal drugs 1-3 days a week	<input type="radio"/> Use illegal drugs Less than once a week	<input type="radio"/>



Question:

6. Personal Satisfaction: For each category, please indicate the level to which you agree or disagree that Ford County meets the need

	Strongly Agree	Agree	Disagree	Strongly Disagree
Satisfied with access to health in Ford County	<input type="radio"/> Satisfied with access to health in Ford County Strongly Agree	<input type="radio"/> Satisfied with access to health in Ford County Agree	<input type="radio"/> Satisfied with access to health in Ford County Disagree	<input type="radio"/> Satisfied with access to health in Ford County Strongly Disagree
Satisfied with the cost of my health care in Ford County	<input type="radio"/> Satisfied with the cost of my health care in Ford County Strongly Agree	<input type="radio"/> Satisfied with the cost of my health care in Ford County Agree	<input type="radio"/> Satisfied with the cost of my health care in Ford County Disagree	<input type="radio"/> Satisfied with the cost of my health care in Ford County Strongly Disagree
Satisfied with the quality of health care in Ford County	<input type="radio"/> Satisfied with the quality of health care in Ford County Strongly Agree	<input type="radio"/> Satisfied with the quality of health care in Ford County Agree	<input type="radio"/> Satisfied with the quality of health care in Ford County Disagree	<input type="radio"/> Satisfied with the quality of health care in Ford County Strongly Disagree
Satisfied with access to affordable dental care in Ford County	<input type="radio"/> Satisfied with access to affordable dental care in Ford County Strongly Agree	<input type="radio"/> Satisfied with access to affordable dental care in Ford County Agree	<input type="radio"/> Satisfied with access to affordable dental care in Ford County Disagree	<input type="radio"/> Satisfied with access to affordable dental care in Ford County Strongly Disagree
Ford County is a good place to raise children	<input type="radio"/> Ford County is a good place to raise children Strongly Agree	<input type="radio"/> Ford County is a good place to raise children Agree	<input type="radio"/> Ford County is a good place to raise children Disagree	<input type="radio"/> Ford County is a good place to raise children Strongly Disagree
Ford County is a good place to grow old	<input type="radio"/> Ford County is a good place to grow old Strongly Agree	<input type="radio"/> Ford County is a good place to grow old Agree	<input type="radio"/> Ford County is a good place to grow old Disagree	<input type="radio"/> Ford County is a good place to grow old Strongly Disagree
Ford County is a good place to live	<input type="radio"/> Ford County is a good place to live Strongly Agree	<input type="radio"/> Ford County is a good place to live Agree	<input type="radio"/> Ford County is a good place to live Disagree	<input type="radio"/> Ford County is a good place to live Strongly Disagree
Ford County is a racially, ethnically, and culturally diverse place to live	<input type="radio"/> Ford County is a racially, ethnically, and culturally diverse place to live Strongly Agree	<input type="radio"/> Ford County is a racially, ethnically, and culturally diverse place to live Agree	<input type="radio"/> Ford County is a racially, ethnically, and culturally diverse place to live Disagree	<input type="radio"/> Ford County is a racially, ethnically, and culturally diverse place to live Strongly Disagree



Question:

7. What Zip code do you live in?

Question

8. Gender:

- Male
- Female
- Transgender
- Other (please specify)

Question

9. Including yourself, how many people live in your household?

- 1
- 2
- 3
- 4
- 5+

Question

10. Age:

- Under 18
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65+
- Prefer not to answer



Question

11. Race: (Select all that apply)

- White or Caucasian
- Black or African American
- Hispanic or Latino
- Asian or Asian American
- American Indian or Alaska Native
- Native Hawaiian or other Pacific Islander
- Prefer not to answer
- Other (please specify)

Question

12. Are you Hispanic, Latino, or of Spanish origin?

- Yes
- No
- Prefer not to answer

Question

13. Household Income: (Please select one)

- Under \$15,000
- Between \$15,000 and \$29,999
- Between \$30,000 and \$49,999
- Between \$50,000 and \$74,999
- Between \$75,000 and \$99,999
- Between \$100,000 and \$150,000
- Over \$150,000
- Prefer not to answer



Question

14. Education: (Highest level completed)

- Less than high school diploma
- High school diploma/GED
- Some college, no degree
- Associate's degree
- Bachelor's degree
- Master's degree
- Doctorate
- Professional degree (e.g. MD, DDS, DVM)
- Prefer not to answer
- Other (please specify)

Question

15. Do you qualify for any of the following programs? (Select all that apply)

- SNAP/Food Stamps
- WIC
- Free or reduced school lunch
- None
- Other (please specify)

Question

16. Do you have a primary care physician?

- Yes
- No

If yes, what clinic/hospital does your primary care physician practice within?

**Question**

17. How long has it been since you had a routine check-up at a primary care provider's office?

- Within the past year
- 1-2 years
- 2-5 years
- More than 5 years
- Prefer not to answer

Question

18. How do you pay for health care?

- No insurance (self pay)
- No insurance (charity care)
- Health Insurance (employer, spouse, parent, Marketplace)
- Medicare
- Medicaid
- Prefer not to answer
- Other (please specify)

Question

19. Do you see a dentist regularly?

- Yes
- No

Question

20. Where do you go for dental services?

- Dentist office
- Dental clinic
- Emergency room
- I do not go to the dentist
- Prefer not to answer
- Other (please specify)



Question

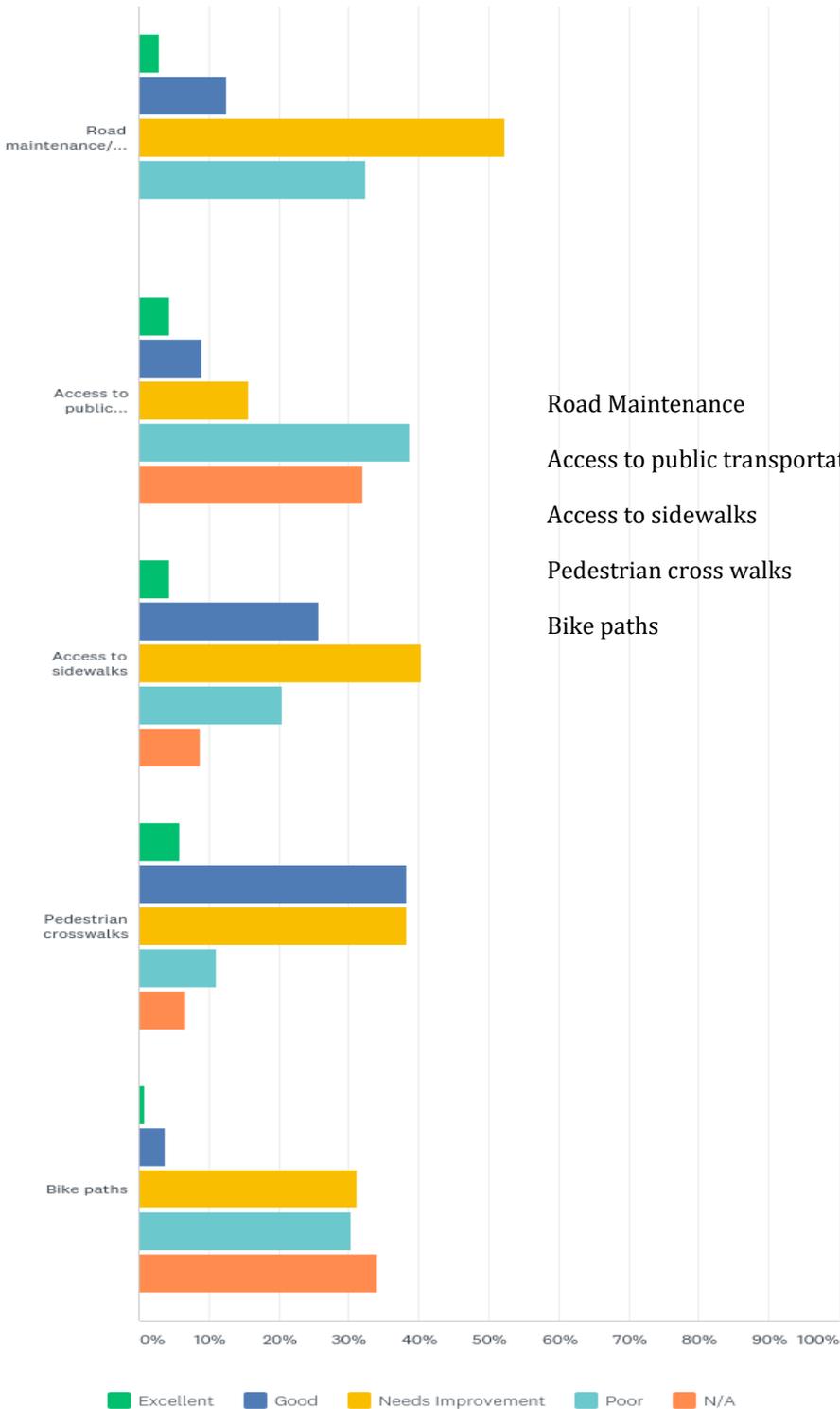
21. How long has it been since you have seen a dentist?

- Within the past year
- 1-2 years
- 2-5 years
- More than 5 years
- Prefer not to answer



Survey Results

Q1: Neighborhood Traffic & Roads: For each category, please indicate the level to which your neighborhood meets these needs



Road Maintenance	52.21% Needs improvement
Access to public transportation	38.81% Poor
Access to sidewalks	40.44% Needs improvement
Pedestrian cross walks	40.44% Needs improvement
Bike paths	34.07% Not applicable
	30.37% Poor

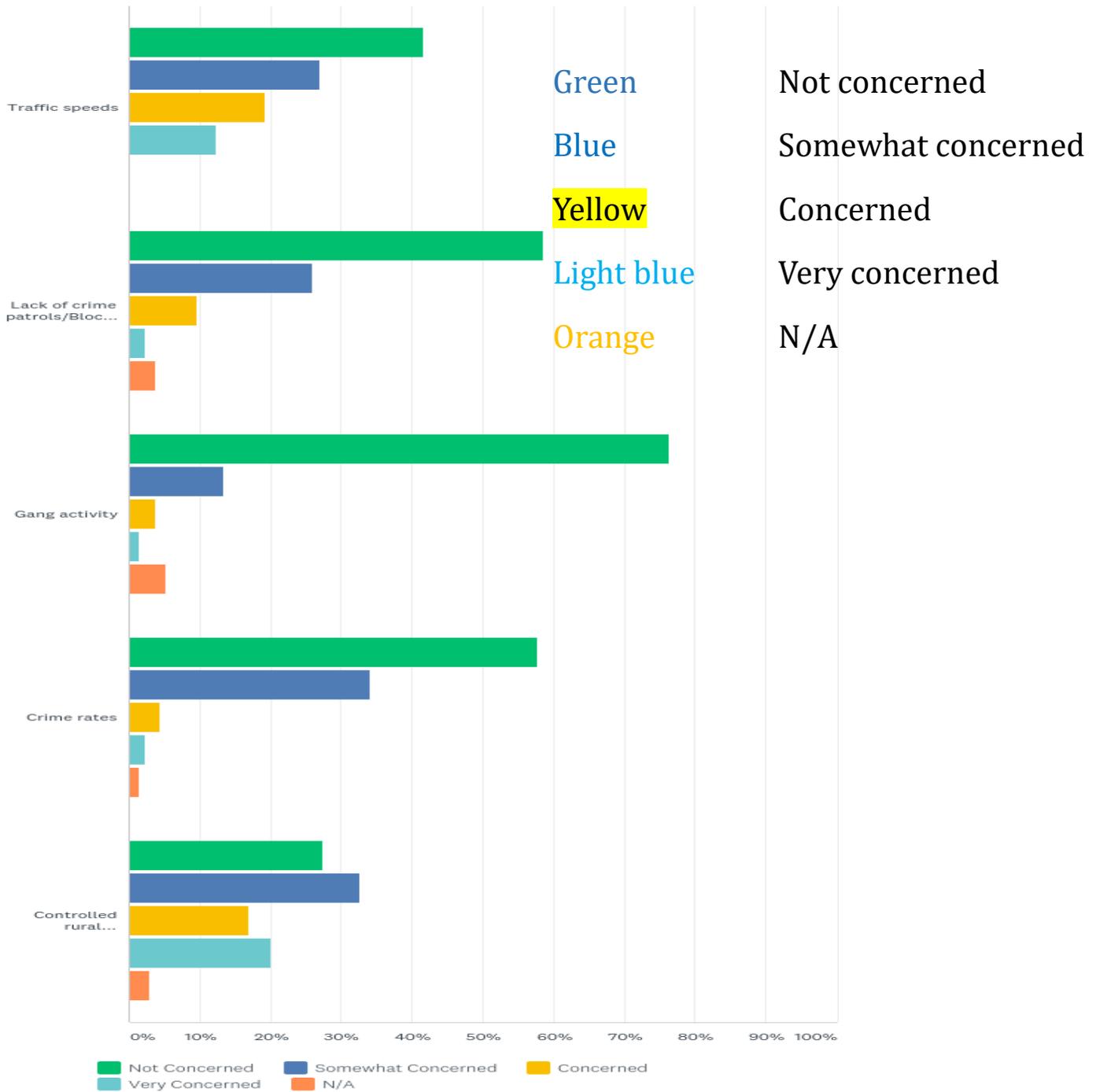


Q1: Neighborhood Traffic & Roads: For each category, please indicate the level to which your neighborhood meets these needs

	EXCELLENT	GOOD	NEEDS IMPROVEMENT	POOR	N/A	TOTAL
Road maintenance/repair	2.94% 4	12.50% 17	52.21% 71	32.35% 44	0.00% 0	136
Access to public transportation	4.48% 6	8.96% 12	15.67% 21	38.81% 52	32.09% 43	134
Access to sidewalks	4.41% 6	25.74% 35	40.44% 55	20.59% 28	8.82% 12	136
Pedestrian crosswalks	5.88% 8	38.24% 52	38.24% 52	11.03% 15	6.62% 9	136
Bike paths	0.74% 1	3.70% 5	31.11% 42	30.37% 41	34.07% 46	135



Q2: Safety Concerns: For each category, please indicate your level of concern as it pertains to your neighborhood.





Q2: Safety Concerns: For each category, please indicate your level of concern as it pertains to your neighborhood.

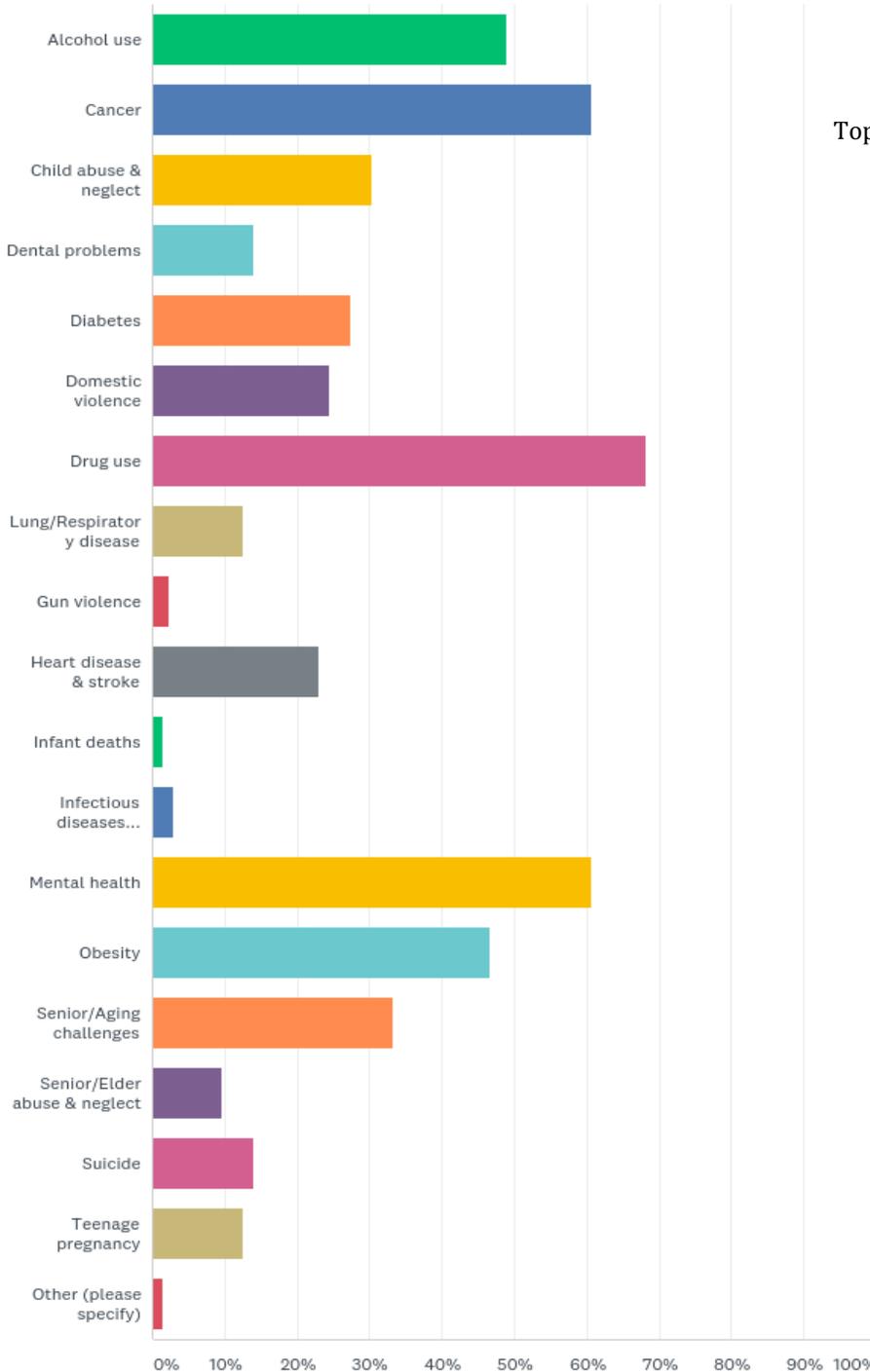
	NOT CONCERNED	SOMEWHAT CONCERNED	CONCERNED	VERY CONCERNED	N/A	TOTAL
Traffic speeds	41.54% 54	26.92% 35	19.23% 25	12.31% 16	0.00% 0	130
Lack of crime patrols/Block watches	58.52% 79	25.93% 35	9.63% 13	2.22% 3	3.70% 5	135
Gang activity	76.30% 103	13.33% 18	3.70% 5	1.48% 2	5.19% 7	135
Crime rates	57.78% 78	34.07% 46	4.44% 6	2.22% 3	1.48% 2	135
Controlled rural intersections	27.41% 37	32.59% 44	17.04% 23	20.00% 27	2.96% 4	135

Comments:

Seems some drivers do not understand traffic laws such as not passing at intersections, how to handle unmarked intersections, how to navigate/drive on country roads, even with laws in place for staying off electronics drivers still have their faces buried in their phones while driving, children not buckled in car seats or buckled in period.



Q3: Health Issues: The following are the top reported health issues within the United States. Please select the (5) five health issues you feel are the most prevalent in Ford County. Select only 5.



Top five responses:

1. Drug Use 68.15%
2. Cancer 60.74%
3. Mental Health 60.74%
4. Alcohol Use 48.89%
5. Obesity 46.67%
6. Senior/Aging 33.33%
7. Child Abuse 30.37%
8. Diabetes 27.14%



Q3: Health Issues: The following are the top reported health issues within the United States. Please select the (5) five health issues you feel are the most prevalent in Ford County. Select only 5.

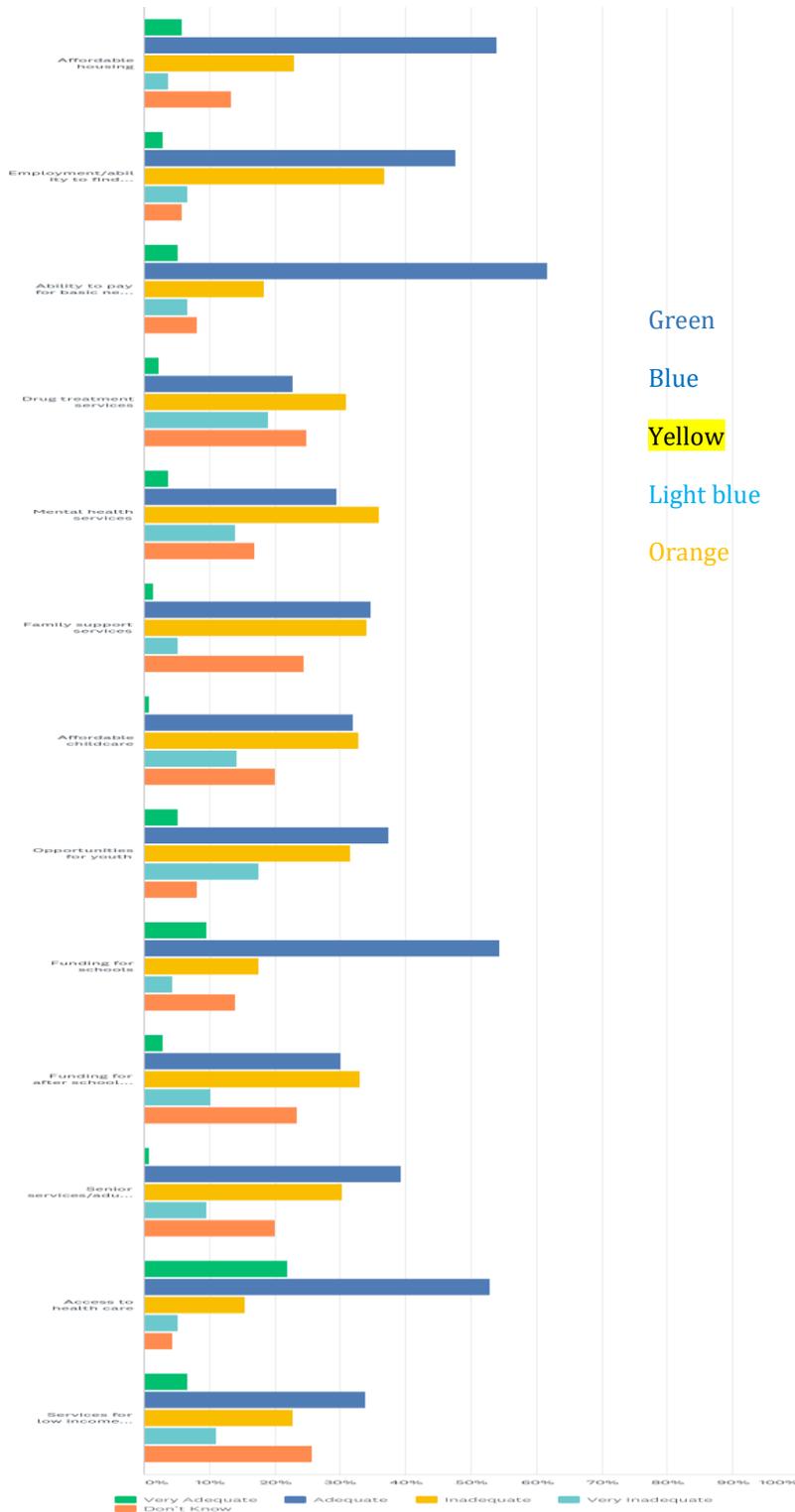
ANSWER CHOICES	RESPONSES	
Alcohol use	48.89%	66
Cancer	60.74%	82
Child abuse & neglect	30.37%	41
Dental problems	14.07%	19
Diabetes	27.41%	37
Domestic violence	24.44%	33
Drug use	68.15%	92
Lung/Respiratory disease	12.59%	17
Gun violence	2.22%	3
Heart disease & stroke	22.96%	31
Infant deaths	1.48%	2
Infectious diseases (HIV/AIDS, STDs, West Nile Virus)	2.96%	4
Mental health	60.74%	82
Obesity	46.67%	63
Senior/Aging challenges	33.33%	45
Senior/Elder abuse & neglect	9.63%	13
Suicide	14.07%	19
Teenage pregnancy	12.59%	17
Other (please specify)	1.48%	2
Total Respondents: 135		

Comments:

I don't really think teenage pregnancy is a "health" issue. It is a lack of knowledge and/or resources. We do have a lot of teenage pregnancy here in town, but it is not a health issue. We need to be better about educating in a more realistic way and giving teenagers the proper resources to protect themselves and prevent teen pregnancy.



Q4: Community Resources: For each category, please indicate the level to which Ford County meets the need



Green

Very adequate

Blue

Adequate

Yellow

Inadequate

Light blue

Very inadequate

Orange

Don't know

Comments:

Transportation out of county can be challenging. Showbus is great, but it's not always available for people to get to Urbana/Champaign to see healthcare specialists

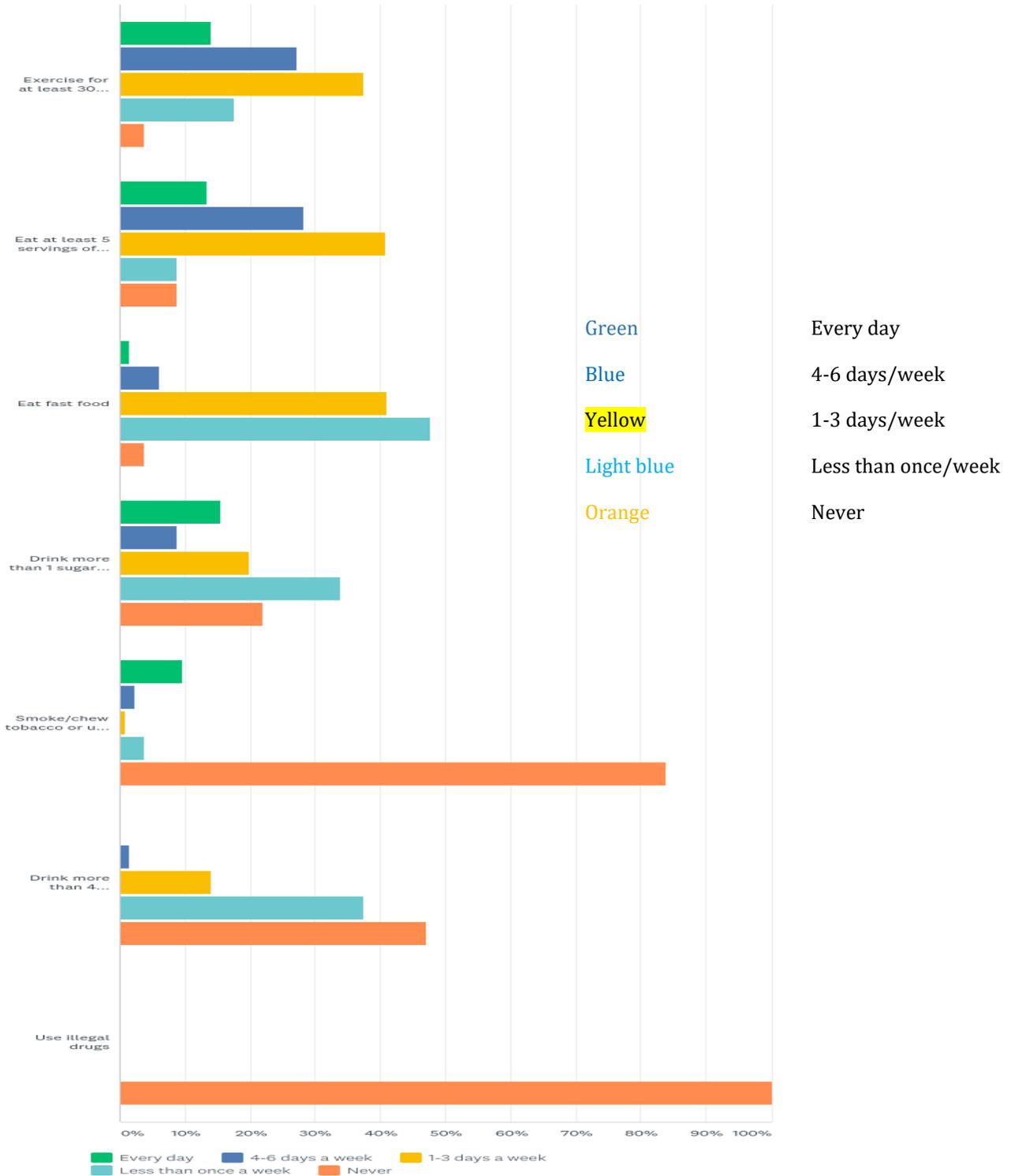


Q4: Community Resources: For each category, please indicate the level to which Ford County meets the need

	VERY ADEQUATE	ADEQUATE	INADEQUATE	VERY INADEQUATE	DON'T KNOW	TOTAL
Affordable housing	5.93% 8	54.07% 73	22.96% 31	3.70% 5	13.33% 18	135
Employment/ability to find jobs	2.94% 4	47.79% 65	36.76% 50	6.62% 9	5.88% 8	136
Ability to pay for basic needs (food, clothing, etc.)	5.15% 7	61.76% 84	18.38% 25	6.62% 9	8.09% 11	136
Drug treatment services	2.21% 3	22.79% 31	30.88% 42	19.12% 26	25.00% 34	136
Mental health services	3.68% 5	29.41% 40	36.03% 49	13.97% 19	16.91% 23	136
Family support services	1.48% 2	34.81% 47	34.07% 46	5.19% 7	24.44% 33	135
Affordable childcare	0.75% 1	32.09% 43	32.84% 44	14.18% 19	20.15% 27	134
Opportunities for youth	5.15% 7	37.50% 51	31.62% 43	17.65% 24	8.09% 11	136
Funding for schools	9.56% 13	54.41% 74	17.65% 24	4.41% 6	13.97% 19	136
Funding for after school programs	2.94% 4	30.15% 41	33.09% 45	10.29% 14	23.53% 32	136
Senior services/adult care	0.74% 1	39.26% 53	30.37% 41	9.63% 13	20.00% 27	135
Access to health care	22.06% 30	52.94% 72	15.44% 21	5.15% 7	4.41% 6	136
Services for low income persons	6.62% 9	33.82% 46	22.79% 31	11.03% 15	25.74% 35	136



Q5: Personal Health: For each category, please indicate how often you engage in these activities per week



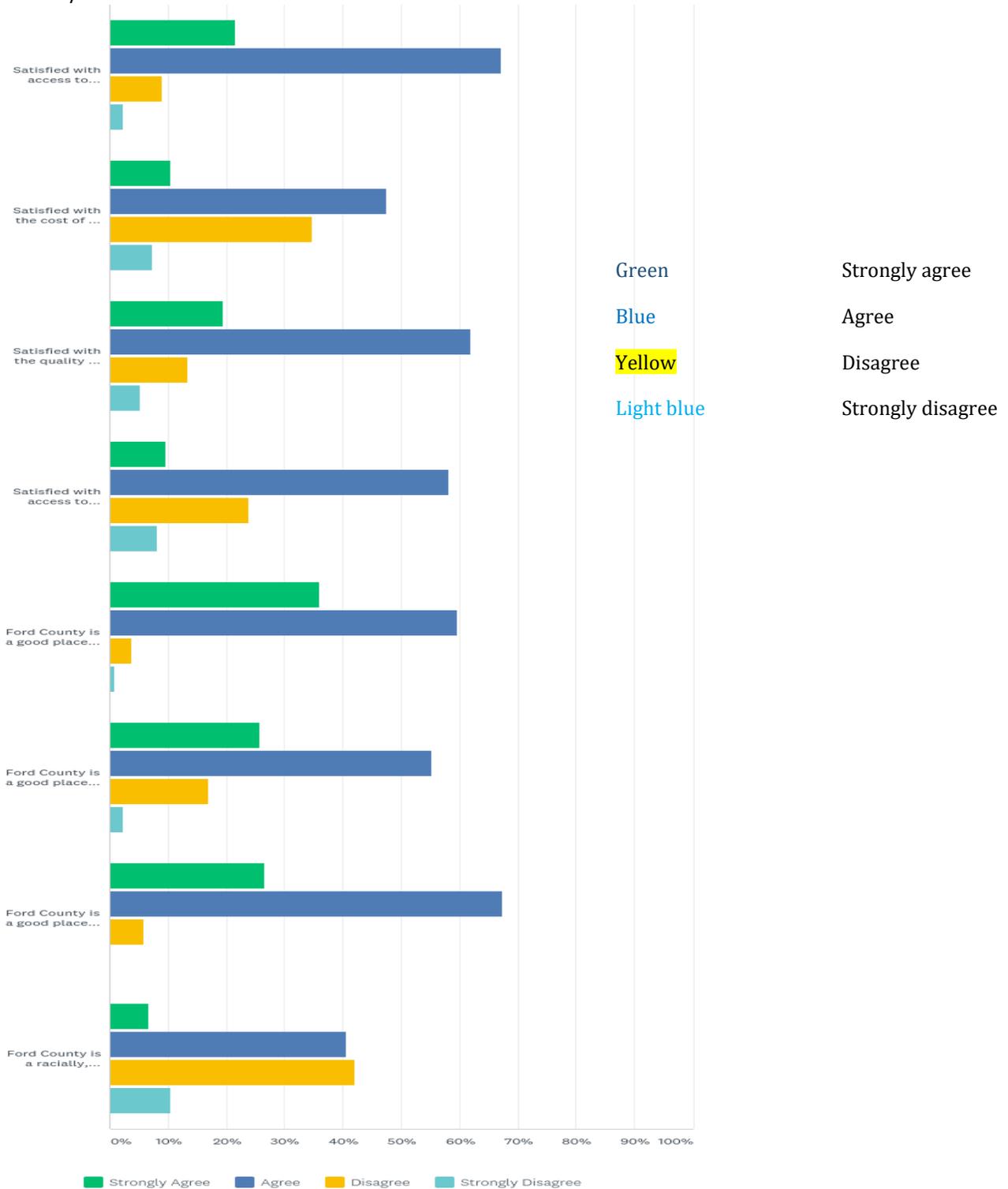


Q5. Personal Health: For each category, please indicate how often you engage in these activities per week

	EVERY DAY	4-6 DAYS A WEEK	1-3 DAYS A WEEK	LESS THAN ONCE A WEEK	NEVER	TOTAL	WEIGHTED AVERAGE
Exercise for at least 30 minutes	13.97% 19	27.21% 37	37.50% 51	17.65% 24	3.68% 5	136	2.70
Eat at least 5 servings of fruits and vegetables a day	13.33% 18	28.15% 38	40.74% 55	8.89% 12	8.89% 12	135	2.72
Eat fast food	1.49% 2	5.97% 8	41.04% 55	47.76% 64	3.73% 5	134	3.46
Drink more than 1 sugary drink a day (soda, sweet tea, etc.)	15.44% 21	8.82% 12	19.85% 27	33.82% 46	22.06% 30	136	3.38
Smoke/chew tobacco or use e-cigarettes	9.56% 13	2.21% 3	0.74% 1	3.68% 5	83.82% 114	136	4.50
Drink more than 4 alcoholic drinks	0.00% 0	1.47% 2	13.97% 19	37.50% 51	47.06% 64	136	4.30
Use illegal drugs	0.00% 0	0.00% 0	0.00% 0	0.00% 0	100.00% 136	136	5.00



Q6: Personal Satisfaction: For each category, please indicate the level to which you agree or disagree that Ford County meets the need





Q6: Personal Satisfaction: For each category, please indicate the level to which you agree or disagree that Ford County meets the need

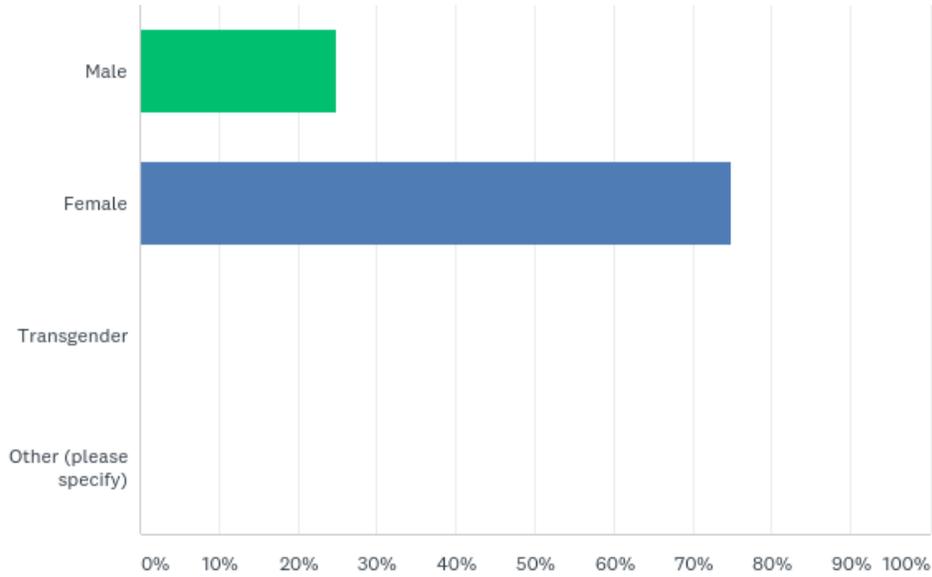
	STRONGLY AGREE	AGREE	DISAGREE	STRONGLY DISAGREE	TOTAL
Satisfied with access to health in Ford County	21.64% 29	67.16% 90	8.96% 12	2.24% 3	134
Satisfied with the cost of my health care in Ford County	10.37% 14	47.41% 64	34.81% 47	7.41% 10	135
Satisfied with the quality of health care in Ford County	19.40% 26	61.94% 83	13.43% 18	5.22% 7	134
Satisfied with access to affordable dental care in Ford County	9.70% 13	58.21% 78	23.88% 32	8.21% 11	134
Ford County is a good place to raise children	36.03% 49	59.56% 81	3.68% 5	0.74% 1	136
Ford County is a good place to grow old	25.74% 35	55.15% 75	16.91% 23	2.21% 3	136
Ford County is a good place to live	26.67% 36	67.41% 91	5.93% 8	0.00% 0	135
Ford County is a racially, ethnically, and culturally diverse place to live	6.77% 9	40.60% 54	42.11% 56	10.53% 14	133

Q7. Zip Codes of Responses

- | | |
|---|--|
| <ul style="list-style-type: none"> • 60957 Paxton 56 • 60936 Gibson City 54 • 61773 Sibley 5 • 60933 Elliott 4 • 60952 Melvin 3 • 60948 Loda 3 • 60918 Buckley 2 • 60962 Roberts 2 • 60946 Kempton 2 • 61775 Strawn 1 | <p>Not Represented</p> <ul style="list-style-type: none"> • 60960 Clarence • 60919 Cabery • 60959 Piper City |
|---|--|



Q8: Gender:

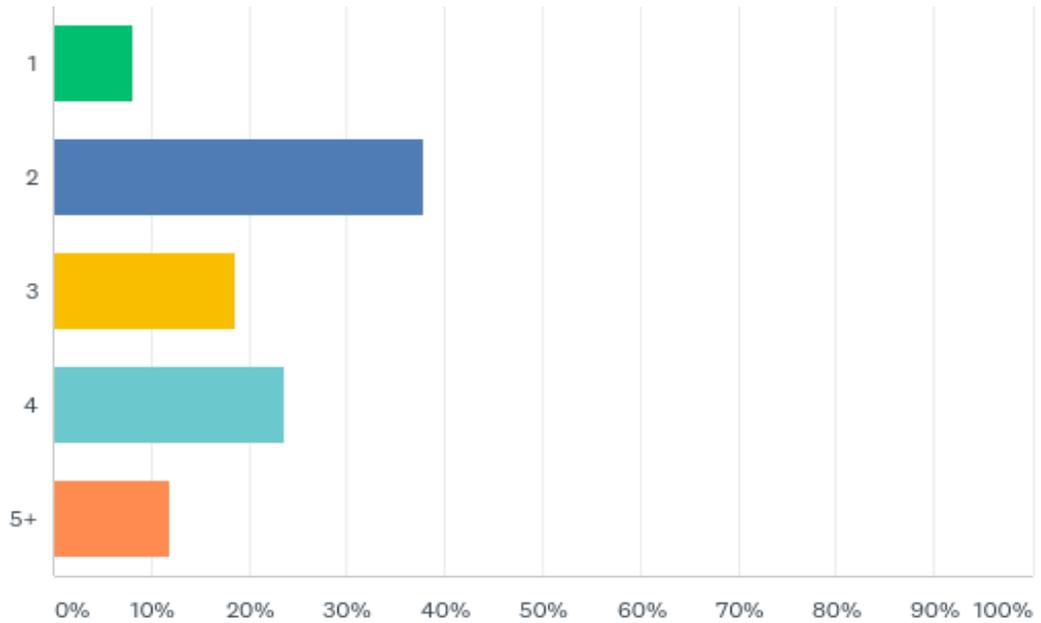


Q8: Gender:

ANSWER CHOICES	RESPONSES	
Male	25.00%	34
Female	75.00%	102
Transgender	0.00%	0
Other (please specify)	0.00%	0
TOTAL		136



Q9: Including yourself, how many people live in your household?

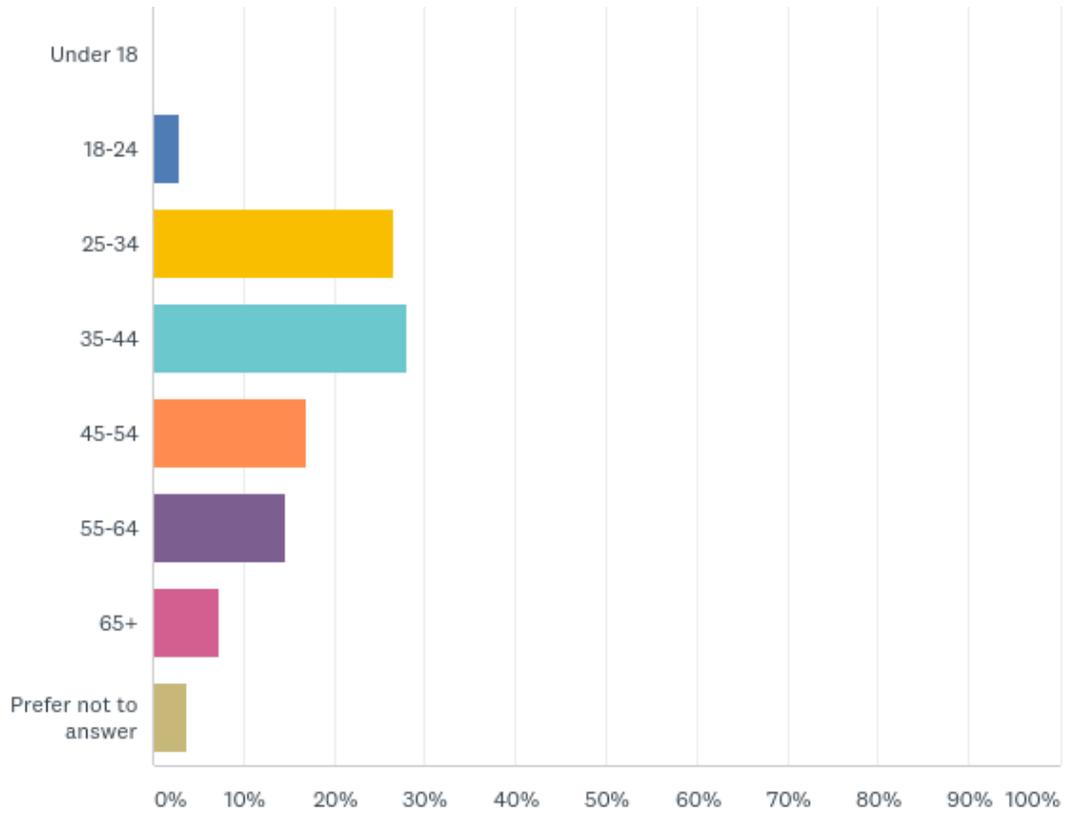


Q9: Including yourself, how many people live in your household?

ANSWER CHOICES	RESPONSES	
1	8.15%	11
2	37.78%	51
3	18.52%	25
4	23.70%	32
5+	11.85%	16
TOTAL		135



Q10: Age:

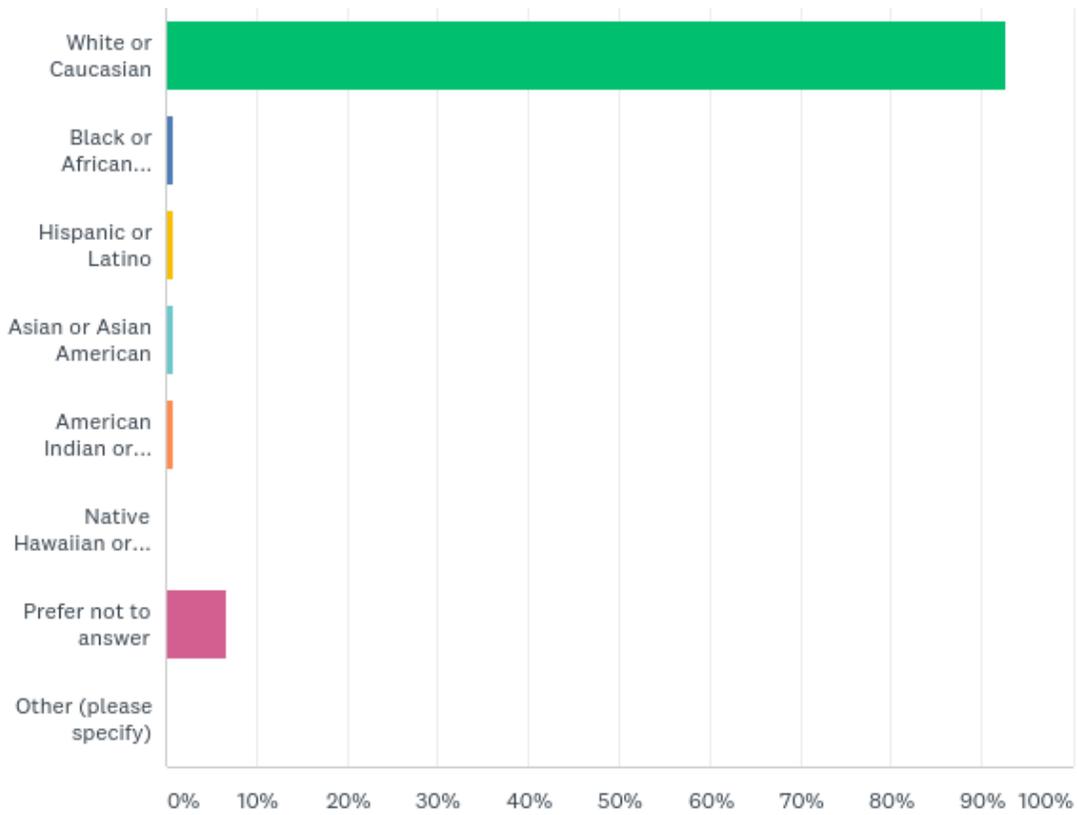


Q10: Age:

ANSWER CHOICES	RESPONSES	
Under 18	0.00%	0
18-24	2.94%	4
25-34	26.47%	36
35-44	27.94%	38
45-54	16.91%	23
55-64	14.71%	20
65+	7.35%	10
Prefer not to answer	3.68%	5
TOTAL		136



Q11: Race: (Select all that apply)

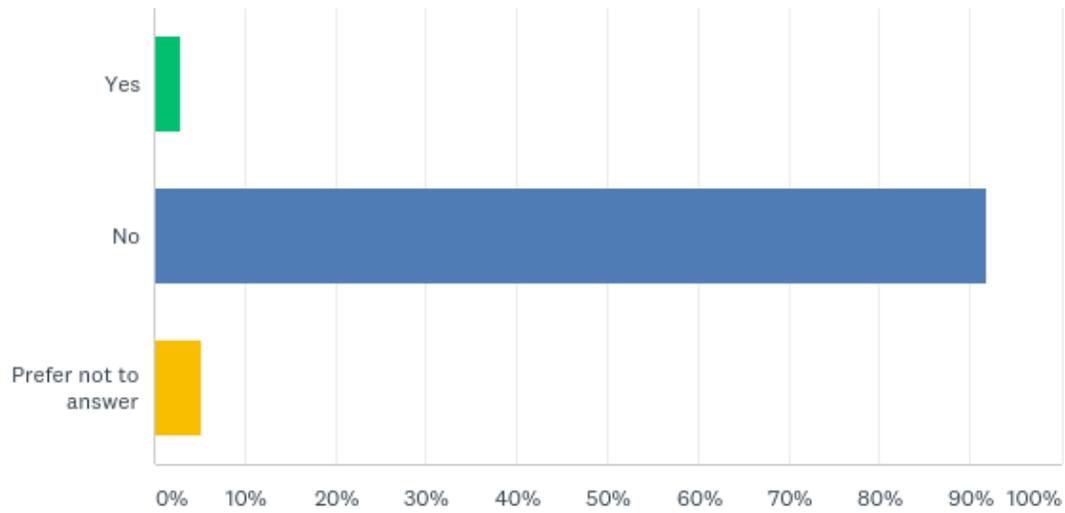


Q11: Race: (Select all that apply)

ANSWER CHOICES	RESPONSES	
White or Caucasian	92.65%	126
Black or African American	0.74%	1
Hispanic or Latino	0.74%	1
Asian or Asian American	0.74%	1
American Indian or Alaska Native	0.74%	1
Native Hawaiian or other Pacific Islander	0.00%	0
Prefer not to answer	6.62%	9
Other (please specify)	0.00%	0
Total Respondents: 136		



Q12: Are you Hispanic, Latino, or of Spanish origin?

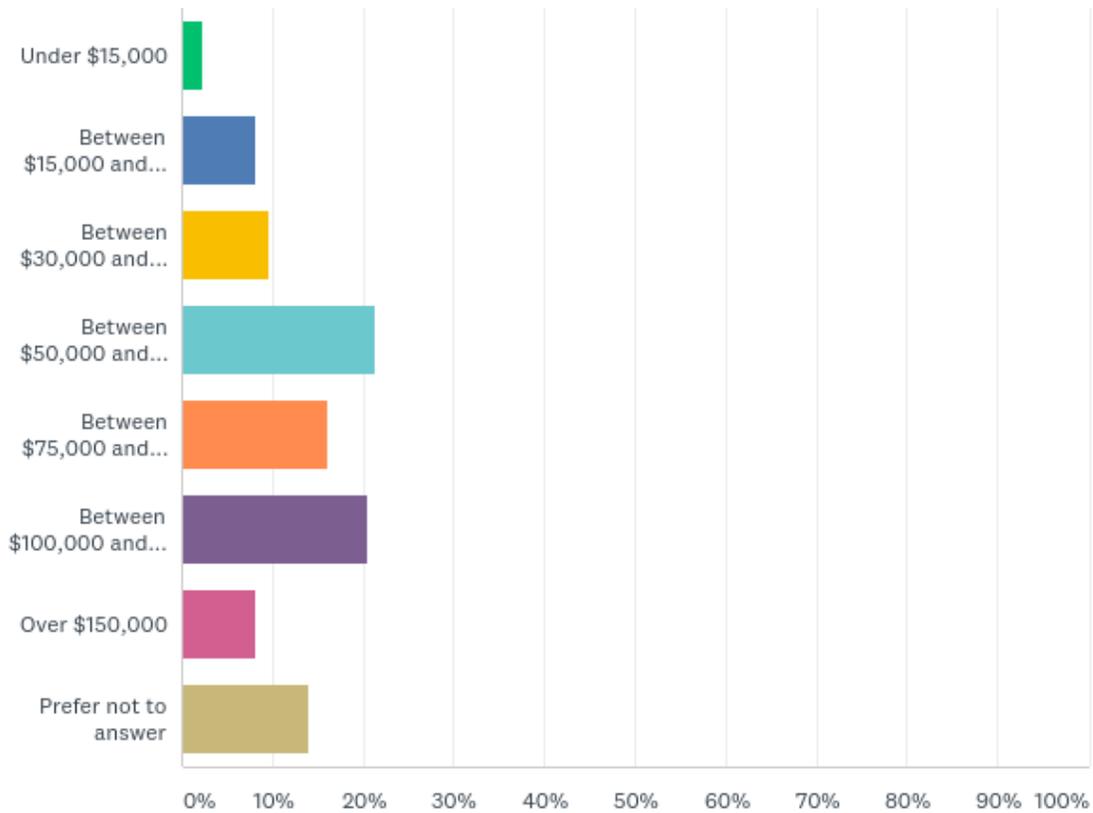


Q12: Are you Hispanic, Latino, or of Spanish origin?

ANSWER CHOICES	RESPONSES
Yes	2.99% 4
No	91.79% 123
Prefer not to answer	5.22% 7
TOTAL	134



Q13: Household Income: (Please select one)

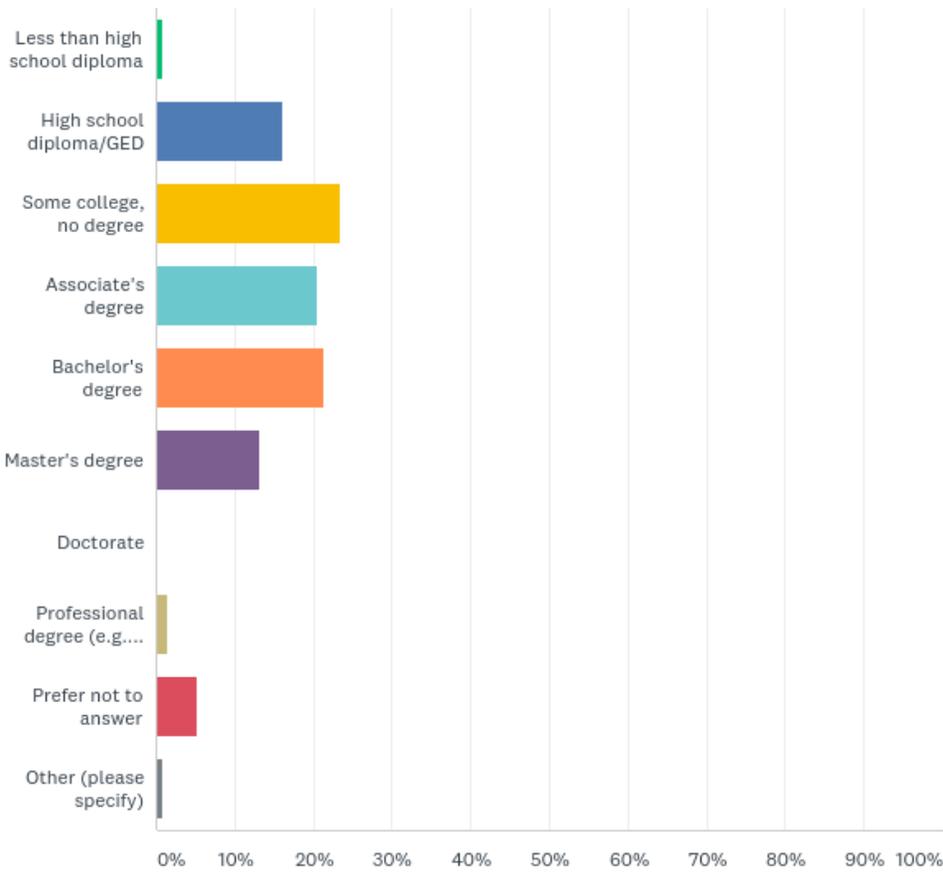


Q13: Household Income: (Please select one)

ANSWER CHOICES	RESPONSES	
Under \$15,000	2.21%	3
Between \$15,000 and \$29,999	8.09%	11
Between \$30,000 and \$49,999	9.56%	13
Between \$50,000 and \$74,999	21.32%	29
Between \$75,000 and \$99,999	16.18%	22
Between \$100,000 and \$150,000	20.59%	28
Over \$150,000	8.09%	11
Prefer not to answer	13.97%	19
TOTAL		136



Q14: Education: (Highest level completed)

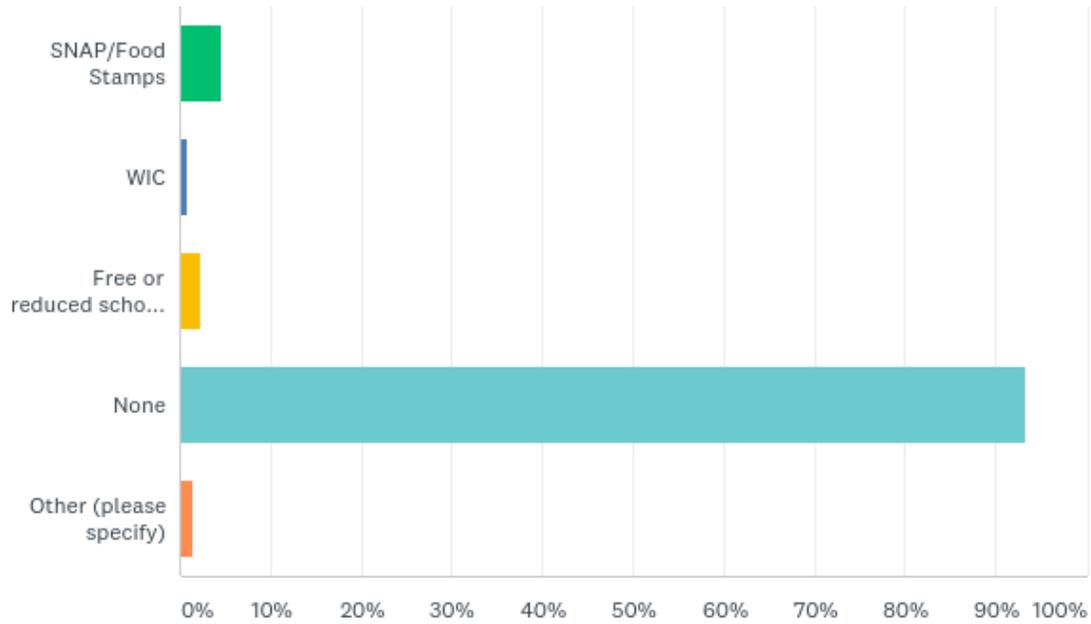


Q14: Education: (Highest level completed)

ANSWER CHOICES	RESPONSES	
Less than high school diploma	0.74%	1
High school diploma/GED	16.18%	22
Some college, no degree	23.53%	32
Associate's degree	20.59%	28
Bachelor's degree	21.32%	29
Master's degree	13.24%	18
Doctorate	0.00%	0
Professional degree (e.g. MD, DDS, DVM)	1.47%	2
Prefer not to answer	5.15%	7
Other (please specify)	0.74%	1
Total Respondents: 136		



Q15: Do you qualify for any of the following programs? (Select all that apply)

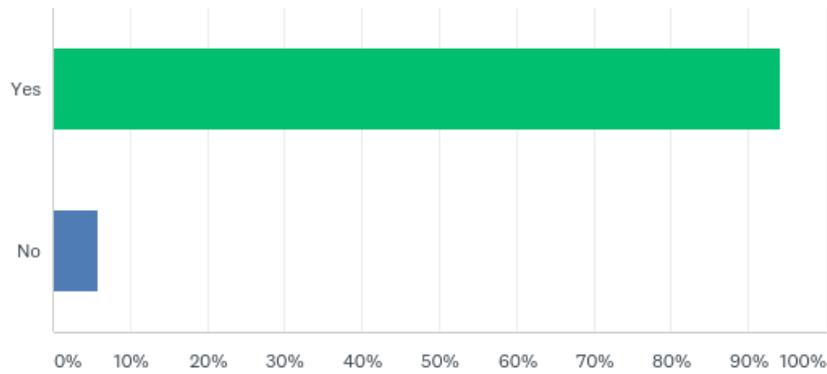


Q15: Do you qualify for any of the following programs? (Select all that apply)

ANSWER CHOICES	RESPONSES	
SNAP/Food Stamps	4.51%	6
WIC	0.75%	1
Free or reduced school lunch	2.26%	3
None	93.23%	124
Other (please specify)	1.50%	2
Total Respondents: 133		



Q16: Do you have a primary care physician?



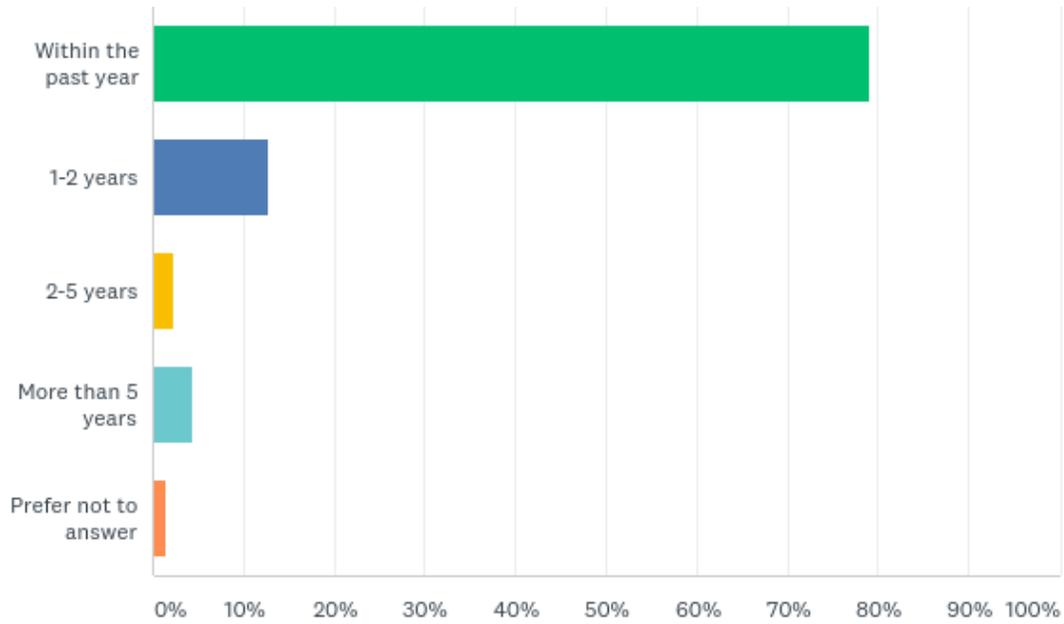
Q16: Do you have a primary care physician?

ANSWER CHOICES		RESPONSES	
Yes		94.12%	128
No		5.88%	8
TOTAL			136

GAHHS	77	St James Pontiac	1
Christie	6	Veteran's Administration	1
Carle	16	Not GAHHS	1
OSF Urbana	3		
OSF Bloomington	1		



Q17: How long has it been since you had a routine check-up at a primary care provider's office?

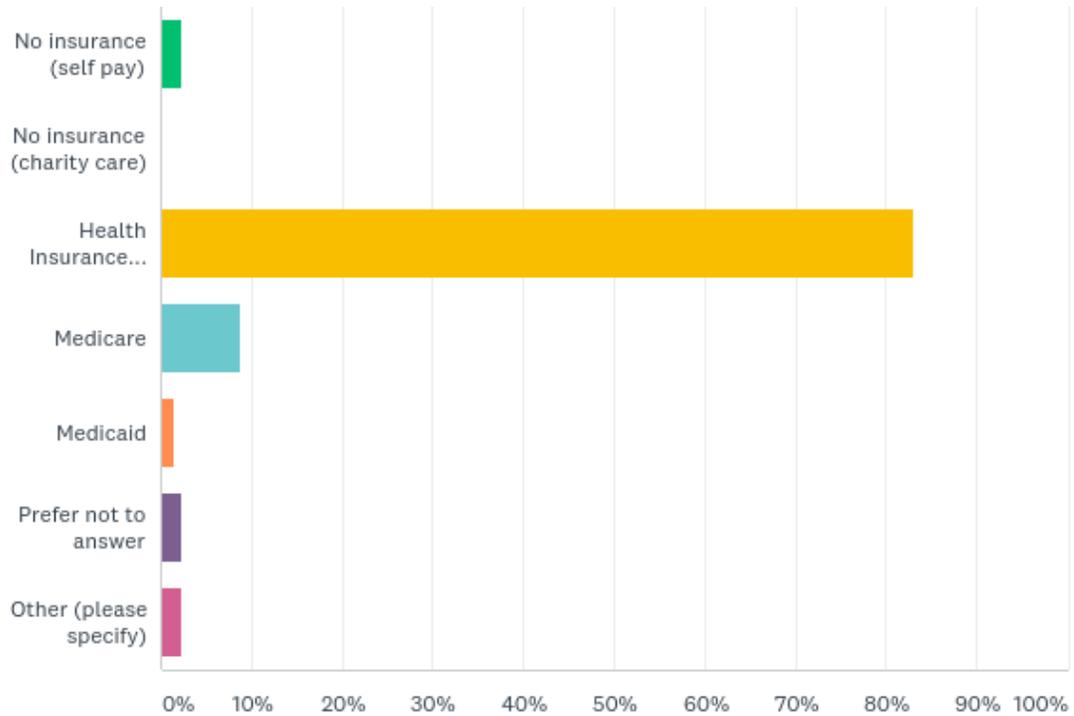


Q17: How long has it been since you had a routine check-up at a primary care provider's office?

ANSWER CHOICES	RESPONSES	
Within the past year	79.10%	106
1-2 years	12.69%	17
2-5 years	2.24%	3
More than 5 years	4.48%	6
Prefer not to answer	1.49%	2
TOTAL		134



Q18: How do you pay for health care?

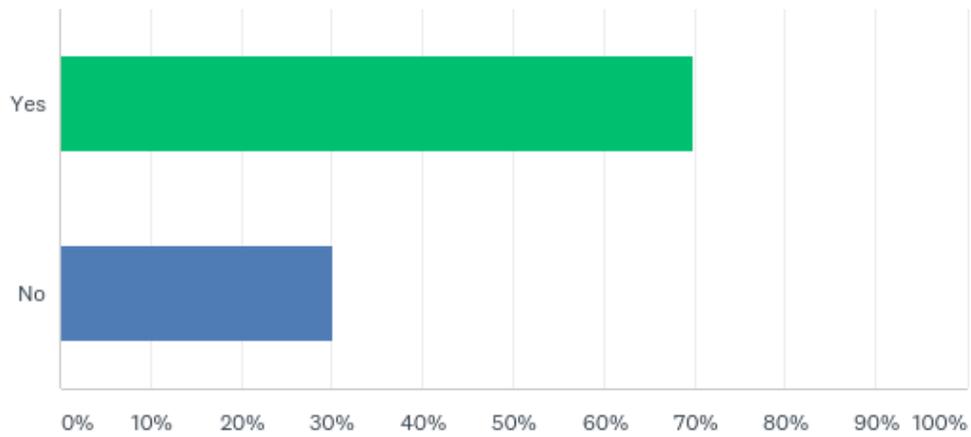


Q18: How do you pay for health care?

ANSWER CHOICES	RESPONSES	
No insurance (self pay)	2.21%	3
No insurance (charity care)	0.00%	0
Health Insurance (employer, spouse, parent, Marketplace)	83.09%	113
Medicare	8.82%	12
Medicaid	1.47%	2
Prefer not to answer	2.21%	3
Other (please specify)	2.21%	3
TOTAL		136



Q19: Do you see a dentist regularly?

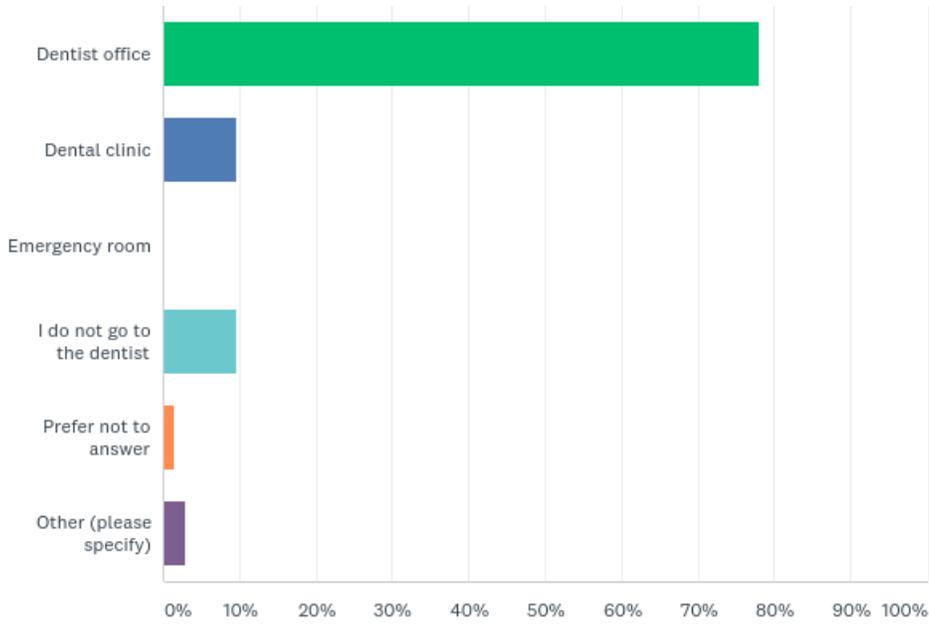


Q19: Do you see a dentist regularly?

ANSWER CHOICES		RESPONSES	
Yes		69.85%	95
No		30.15%	41
TOTAL			136



Q20: Where do you go for dental services?

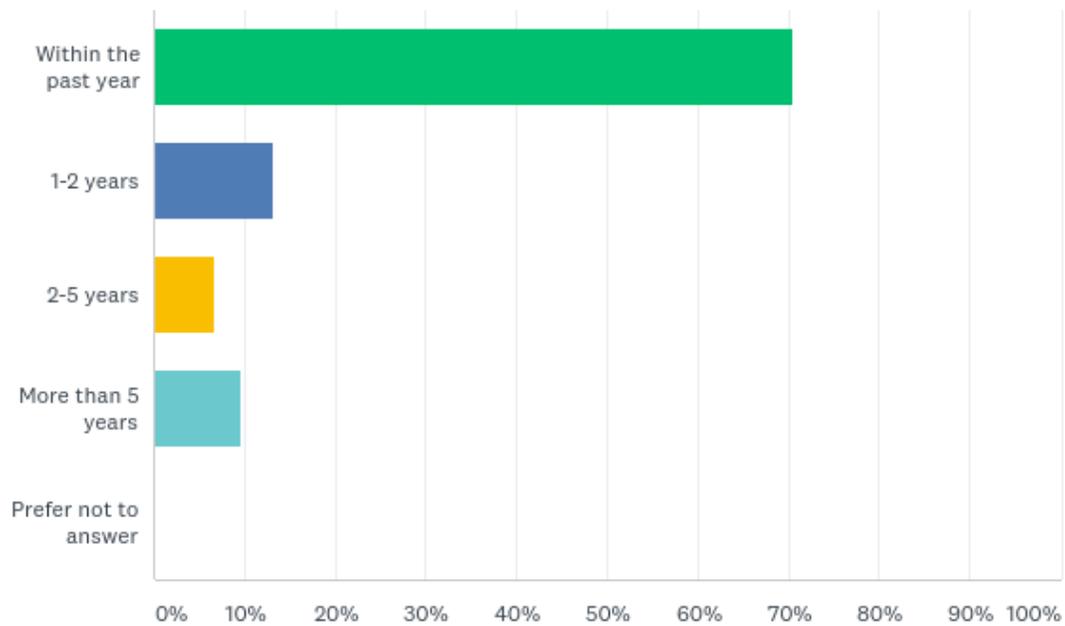


Q20: Where do you go for dental services?

ANSWER CHOICES	RESPONSES	
Dentist office	77.94%	106
Dental clinic	9.56%	13
Emergency room	0.00%	0
I do not go to the dentist	9.56%	13
Prefer not to answer	1.47%	2
Other (please specify)	2.94%	4
Total Respondents: 136		



Q21: How long has it been since you have seen a dentist?



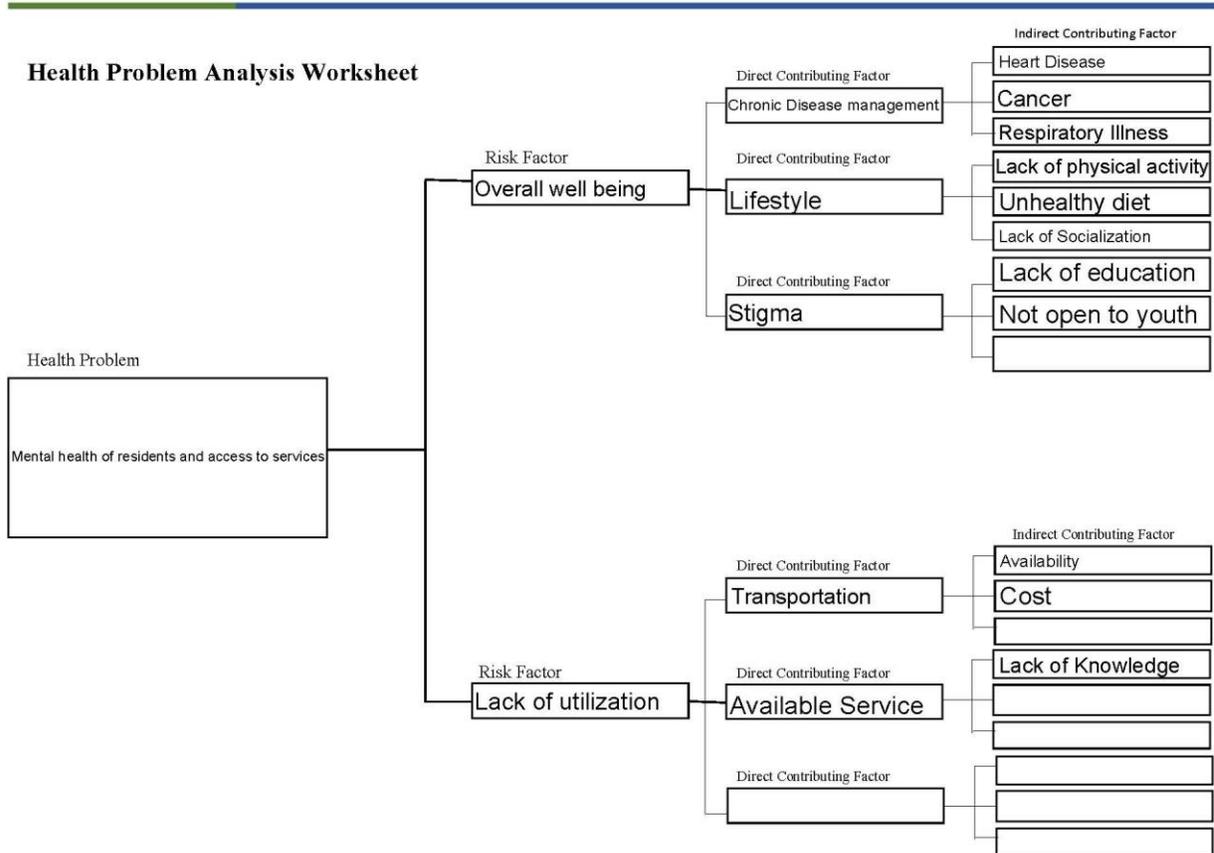
Q21: How long has it been since you have seen a dentist?

ANSWER CHOICES	RESPONSES
Within the past year	70.59% 96
1-2 years	13.24% 18
2-5 years	6.62% 9
More than 5 years	9.56% 13
Prefer not to answer	0.00% 0
TOTAL	136



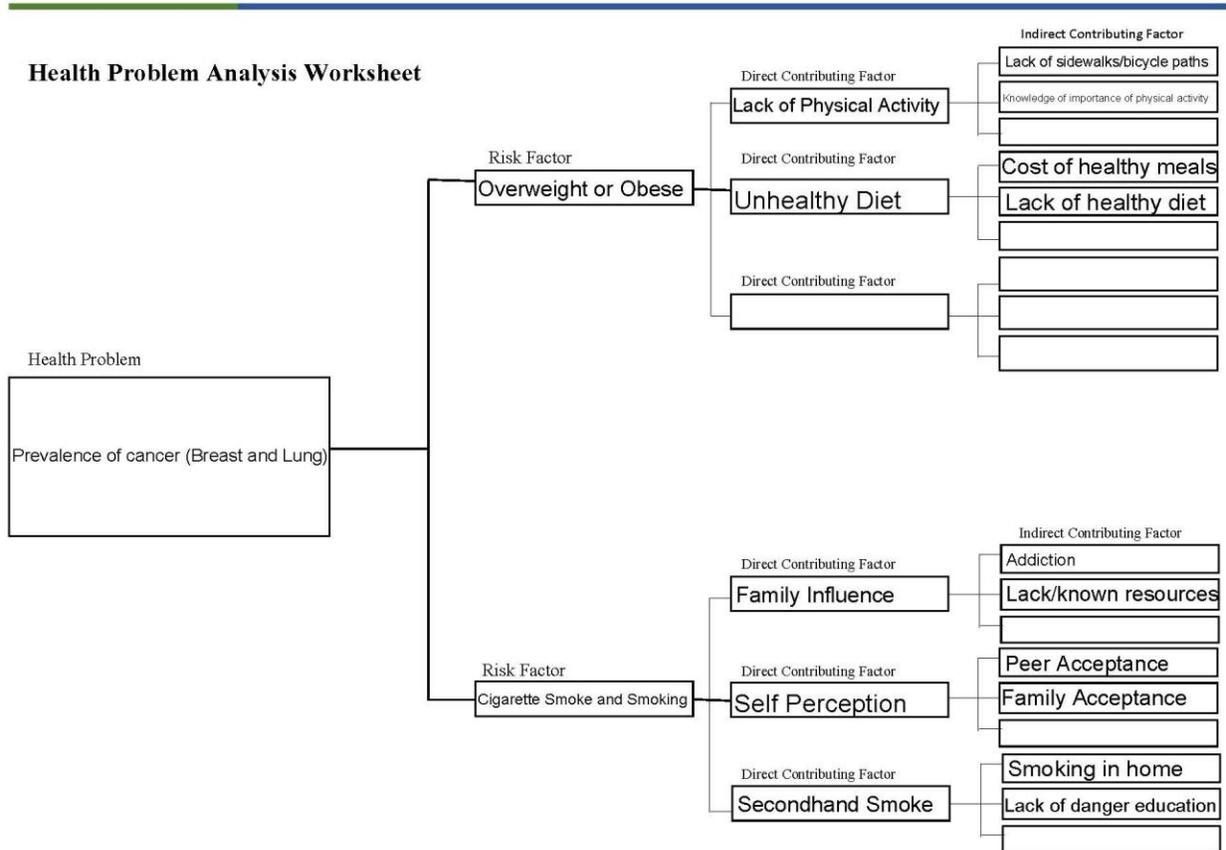
Health Problem Analysis Worksheet

Mental Health:



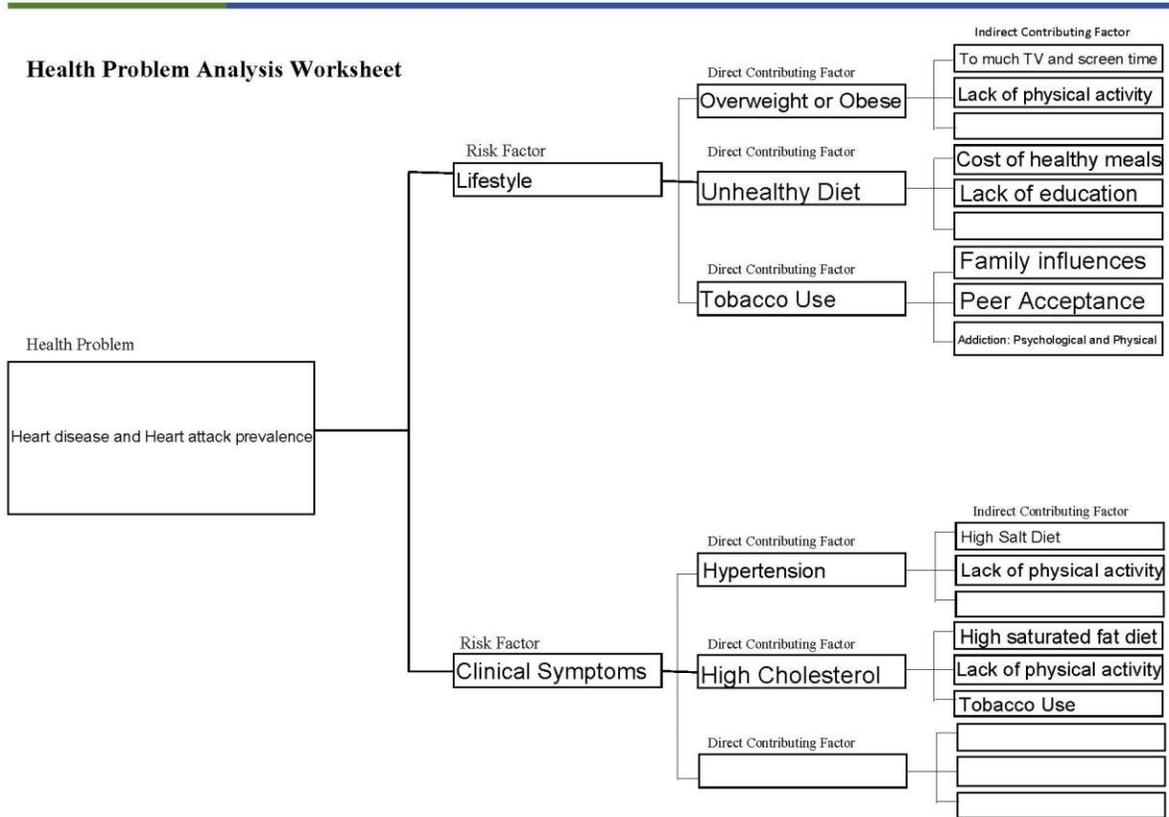


Cancer:





Heart Disease:





Community Health Plan Worksheet

Ford County Community Health Plan Worksheet

<p>Health Problem:</p> <p>Mental Health and access to services</p>	<p>Outcome Objectives:</p> <p>By 2024, reduce the average number of reported mentally unhealthy days in the past 30 to 3.0. Ford County is currently at 3.5 which is data from the Behavioral Risk Factor Surveillance System accessed through County Health Rankings.</p>
<p>Risk Factors:</p> <ul style="list-style-type: none"> • Overall well being • Lack of utilization 	<p>Impact Objectives:</p> <p>By 2022, 12th grade students in Ford County will report having mental health concerns at or below the State percentage. Using the Illinois Youth Survey results, 47% of the 2018 8th grade students in Ford County reported having mental health concerns in the past 12 months compared to Illinois at 28%.</p>
<p>Contributing Factors (Direct/Indirect):</p> <ul style="list-style-type: none"> • Chronic Disease Management • Heart Disease • Cancer • Respiratory Illness • Lifestyle • Lack of Physical Activity • Unhealthy Diet • Lack of Socialization • Stigma • Lack of Education • Not open to youth • Transportation • Availability • Cost • Available Service • Lack of Knowledge 	<p>Proven Intervention Strategies:</p> <ul style="list-style-type: none"> • Mental Health First Aid Training and Youth Mental Health First Aid Training • Outreach and education on available transportation services • Mental health services within schools • Outreach and education on available mental health services • Outreach and education on mental health awareness • Outreach and education on youth mental health awareness, especially in schools
<p>Resources Available:</p> <ul style="list-style-type: none"> • Local Health Department • Community Resource Counseling Center • Gibson Area Hospital Behavioral Health 	<p>Barriers:</p> <ul style="list-style-type: none"> • Lack of transportation to appointments • Schools allowing additional curriculum • Educators attending additional mental health training • Inpatient mental health treatment availability



**Ford County
Community Health Plan Worksheet**

<p>Health Problem:</p> <p>Cancer (Breast and Lung)</p>	<p>Outcome Objectives:</p> <p>By 2024, increase the proportion of women who received a breast cancer screening to 81.1%. The 2012 Illinois County Behavioral Risk Factor Surveillance showed 65.8% of women 40 and older had a mammogram in the last year.</p>
<p>Risk Factors:</p> <ul style="list-style-type: none"> • Overweight or Obese • Cigarette Smoke and Smoking 	<p>Impact Objectives:</p> <p>By 2022, 12th grade students in Ford County will report having used tobacco or e-cigarettes in the past 30 days at or below the State percentage. Using the Illinois Youth Survey results, 15% of the 2018 8th grade students in Ford County reported to have used any tobacco compared to Illinois at 11% and 12% reported to have used e-cigarettes compared to Illinois at 6%.</p>
<p>Contributing Factors (Direct/Indirect):</p> <ul style="list-style-type: none"> • Lack of Physical Activity • Unhealthy Diet • Family Influence • Self Perception • Secondhand Smoke • Lack of Sidewalks/Bicycle Paths • Knowledge of importance of physical activity • Cost of healthy meals • Lack of healthy diet • Addiction • Lack/Known resources • Peer/Family Acceptance • Smoking in home • Lack of danger education 	<p>Proven Intervention Strategies:</p> <ul style="list-style-type: none"> • Provide education on public and private resources for cessation • Engage medical community in promotion of cessation programs • Provide education in public and private settings regarding negative health effects of tobacco use • Provide education on breast cancer screenings • Conduct outreach and education on lung and breast cancer prevention • Informing providers of cancer prevalence rates
<p>Resources Available:</p> <ul style="list-style-type: none"> • Local Health Department • Gibson Area Hospital and Health Services • Illinois Tobacco Quitline 	<p>Barriers:</p> <ul style="list-style-type: none"> • Statistics between breast cancer prevalence rates and mammograms conducted • Statistics due to low population within the County • Can risks in rural and farming communities



**Ford County
Community Health Plan Worksheet**

Health Problem: Heart Disease	Outcome Objectives: By 2024, decrease the percentage of those reporting to have angina or coronary heart disease to 3.6%. The Illinois Public Health Community Map reports the Statewide rate to be 3.6% and Ford County's rate is 5.6%.
Risk Factors: <ul style="list-style-type: none">• Lifestyle• Clinical Symptoms	Impact Objectives: By 2022, decrease the percentage of adults reporting no leisure-time physical activity within the past month to 22%. Ford County is currently at 25% which is data from the Behavioral Risk Factor Surveillance System accessed through County Health Rankings.
Contributing Factors (Direct/Indirect): <ul style="list-style-type: none">• Overweight or Obese• Excessive TV or screen time• Lack of Physical Activity• Unhealthy Diet• Cost of healthy meals• Lack of education• Tobacco Use• Family Influence• Peer acceptance• Addiction: Physical/Psychological• Hypertension• High Salt Diet• High Saturated Fat Diet• High Cholesterol	Proven Intervention Strategies: <ul style="list-style-type: none">• Outreach and education on heart disease risk factors• Outreach and education on physical importance• Outreach and education on heart health• Chronic Disease Self-Management Program• Resource guide with all location of potential physical activity
Resources Available: <ul style="list-style-type: none">• Local Health Department• Community Resource Counseling Center• Gibson Area Hospital Elite• Paxton Community and Wellness Center	Barriers: <ul style="list-style-type: none">• Outdoor resources for walking and bike riding• Coordination of physical activity availability