

Ford County Public Health Department

235 North Taft Street Paxton, IL 60957

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Ford County, IL COVID-19 Update

Ford County Public Health Department (FCPHD) is announcing three new confirmed cases. The individuals include a male in his 20's and two females each in their 20's.

Ford County has a total of 30 confirmed cases. There has been one COVID-19 related death. These numbers are accurate as of the release time. Public health officials continue to investigate and contact all individuals who may have had exposure to individuals that tested positive for COVID-19. Federal privacy restrictions prohibit the release of any further information.

- For zip code level information on confirmed positive COVID-19 cases, please visit IDPH Virtual map at:
 https://www.dph.illinois.gov/covid19/covid19-statistics. Please note, data will not be shown unless a zip code has six or more confirmed cases. This is consistent with Collection, Disclosure, and Confidentiality of Health Statistics (77 III. Adm. Code 1005). Zip code areas 60957 and 60936 are being reported.
- For information on long term care facilities with cases of COVID-19 among residents and staff, please visit:
 https://www.dph.illinois.gov/covid19/long-term-care-facility-outbreaks-covid-19.
 Information provided at this link is provisional, subject to change, and updated weekly. Facilities report data to their local health departments, which in-turn report to IDPH, so lag time and discrepancies are to be expected.

Social Distancing

Limiting face-to-face contact with others is the best way to reduce the spread of COVID-19, which is why social distancing is so important. According to the Centers for Disease Control and Prevention, people can spread the virus before they know they are sick. Therefore, it is important to limit close contact with others even if you have no symptoms. Social distancing is especially important for people who are at higher risk of getting very sick.

Social distancing means keeping space between yourself and other people outside of your home. To practice social distancing:

- Keep at least 6 feet of distance between yourself and others you do not live with
- Stay out of crowded places and avoid mass gatherings

Why 6 Feet?

COVID-19 is mainly spread through droplets that come out of the mouth and nose. When an infected person talks, coughs, or sneezes, tiny drops of liquid containing the virus spray from their mouth or nose. The droplets can travel about three to six feet and land in the mouths or noses of people nearby. If you are standing too close to an infected person, you may breathe in some of the droplets they release. By keeping at least six feet from others, you may avoid being exposed to this virus. A cloth face covering, or mask is an added layer of protection as it helps slow the spread of infected droplets.

Please continue to visit our website (<u>www.fordcountyphd.org</u>) and follow our Facebook page for additional COVID-19 resources and updates. For general questions about COVID-19, call the Illinois Coronavirus Disease (COVID-19) Hotline at 1(800) 889-3931 or send an email to: DPH.SICK@ILLINOIS.GOV anytime, 24 hours a day, seven days a week.