

## Ford County Public Health Department 235 North Taft Street Paxton, IL 60957

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## Ford County, IL Daily COVID-19 Update

Ford County Public Health Department (FCPHD) is announcing one new case of coronavirus disease 2019 (COVID-19). The individual is a male in his 20's. Ford County has a total of nine confirmed cases, including one death. Two of the confirmed cases are associated with congregate living facilities. These numbers are accurate as of the release time. Public health officials continue to investigate and contact all individuals who may have had exposure to individuals that tested positive for COVID-19. Federal privacy restrictions prohibit the release of any further information.

FCPHD continues to encourage all residents to conduct preventive measures, practice social distancing, and follow Governor Pritzker's Stay at Home Executive Order, which will be extended through May 30, 2020. COVID-19 appears to spread from person-to-person mainly with close contact (less than 6 feet), but may also be spread by a surface that has the virus and then touching one's mouth, nose, or possibly one's eyes. Illinois Department of Public Health states that the spread is through respiratory droplets produced when an infected person coughs or sneezes.

## **How to Wear A Cloth Face Covering**

Wearing a cloth face covering can help prevent the spread of COVID-19 to others, which is why it is important to wear one correctly.

Your cloth face covering should:

- Reach above the nose, below the chin, and completely cover the mouth and nostrils
- Fit snugly against the sides of the face
- Be made of multiple layers of fabric that you can still breathe through
- Be able to be laundered and machine dried without damaging the material or shape

Do not buy surgical masks or N95 respirators to use as a face covering. Those are intended for healthcare workers and first responders. Many items you may already have in your home can be used to create face coverings. Try creating a cloth face covering using bandanas, ski masks, washable napkins, or dish towels.

For more information about the use of a cloth face covering and how to make your own, visit the following:

- Centers for Disease Control <a href="https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html">https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html</a>
- U.S. Surgeon General's How to Make Your Own Face Covering https://youtu.be/tPx1yqvJgf4

We ask that you continue to visit our website (<a href="www.fordcountyphd.org">www.fordcountyphd.org</a>) and follow our Facebook page for additional COVID-19 resources and updates. For general questions about COVID-19, call the Illinois Coronavirus Disease (COVID-19) Hotline at 1(800) 889-3931 or send an email to: DPH.SICK@ILLINOIS.GOV anytime, 24 hours a day, seven days a week.